



PRACTITIONER DEVELOPMENT

UK LTD

TOP-QUALITY
CPD FOR HEALTHCARE
PRACTITIONERS

AUTUMN 2019 / WINTER 2020

Revalidate and
reboot your
career with
PDUK: where
professionals join
forces to make
healthcare better

**Royal College
of Nursing &
CPD Standards
Office accredited
courses
available**

READY TO PROGRESS IN YOUR CAREER?

Practitioner Development UK (PDUK) will help you get up to speed by providing:

- Courses that develop competence and confidence
- Expert tutors with insight, empathy and up-to-date industry knowledge
- CPD hours for your revalidation targets
- RCN and CPD Standards Office accredited training.



We offer three ways to learn:

1) Scheduled courses

These popular options fill up fast so book early.

- Ideal for individuals
- Centrally located
- Great for networking.

See pages 3-16.

2) PDUK eLearning courses

Study when it suits you on a mobile device.

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- Log on in your own time, wherever you are.

See pages 17-19.

3) In-house courses

The perfect option for groups of staff: we'll train your team at a time and venue of your choice.

- All programmes can be customised to meet your requirements
- More than 300 adaptable courses
- Practical, convenient and cost-effective.

See pages 20-26

For further information or to book a scheduled course go to: www.pduk.net

Completion of a PDUK course is not a guarantee of clinical competence. This must be developed in the workplace with appropriate facilitation.

10% discount

For booking 4 or more people on a scheduled event!

Paying by instalments

If you are making an individual rather than company booking, you can now pay for any PDUK course by instalments. If you wish to be considered for payment by instalments, please email info@pduk.net or call us on 02392 501428.



SCHEDULED COURSES

Practitioner Development UK's scheduled courses take place at specified dates and venues. They are designed for individuals and small groups and can also be delivered in house.

Plan to succeed Choose a course that fulfils your personal development goals. Before you book, study the aims/objectives and course content to ensure they align with your expertise and experience. Not sure which course is right for you? Get in touch: we're here to help.

We're constantly updating our courses to ensure that they reflect current trends and practice requirements. Although there's no substitute for experience, the right training course will help you progress in your profession, while simultaneously boosting your CPD hours.

A03 FIVE DAY PATIENT ASSESSMENT SKILLS WORKSHOP 5 days = 35 hours' CPD £675



The CPD Standards Office
INDEPENDENTLY ACCREDITED CPD
www.cpdstandards.com

- Cardiovascular / peripheral vascular examination / practice
- Abdominal system examination/ practice
- Examination of the eye/practice
- Mental health/Neurological assessment/ practice
- Musculoskeletal examination/ practice
- Documentation of findings
- Structured physical examination demonstration
- Top to toe physical examination test outs

This five-day programme provides practitioners with a springboard for diagnostic proficiency and clinical decision-making. After studying basic history-taking and physical examination techniques, you will have the opportunity to perform a complete physical examination that reflects clinical practice requirements and helps to develop all-round confidence. Covers essential skills for non-medical prescribers.

Where and when London

24-28 June 2019: Guy's Hospital

9-13 September 2019:

St Bart's Hospital

18-22 November 2019:

St Bart's Hospital

3-7 February 2020: St Bart's Hospital

20-24 April 2020: St Bart's Hospital

**Ideal for mentors who need to upskill
ready for the new curriculum.**

What's included

- History taking & practice.
- Physical examination techniques
- Examination of skin, hair and nails.
- Assessment of face, neck and ENT/practice
- Respiratory system examination practice

Quality Assurance

**Hands-on workshop: maximum
student to trainer ratio 12:1**

The skills covered in this course are now mandatory learning for all health-care practitioners who are required to carry out physical examinations on patients.

A13 MINOR AILMENTS ESSENTIALS



The CPD Standards Office
INDEPENDENTLY ACCREDITED CPD
www.cpdstandards.com

3 days = 21 hours' CPD £460

This is an opportunity for those of you who are confident in taking a history and physical examination and want to focus on the common and not so common patient complaints seen in primary health care.

What's included

- The red or painful eye
- Ear problems such as hearing loss and ear infections
- Upper & lower respiratory tract presentations to include painful sinuses, sore throat, cough and bronchitis
- Head, neck and back pain
- Skin conditions including examination principles, eczemas, psoriasis, infestations, bacterial, viral and fungal infections
- Acute abdominal pain covering diarrhoea, vomiting, constipation, indigestion, ectopic pregnancy and more.
- Gynae overview covering vaginal discharge, pelvic pain and the basics of emergency contraception
- Mental health- depression, assessment and management essentials

Note: *This course assumes attendees are confident in history taking & physical examination. These techniques will not be practiced during the course. If you need to develop these skills please check out our 5 Day Patient Assessment workshop.*

Where and when London

4-6 September 2019; Hamilton House
10-12 December 2019; Hamilton House

Ago- MINOR ILLNESS TRIAGE ESSENTIALS

1 day = 7 hours' CPD £185

This interactive course provides the tools for competent basic triage. The course focuses on history taking and essential observations for safe patient management in triage. It is specifically designed for practitioners who see patients with undifferentiated illnesses.

What's included

Introduction to triage

- History taking essentials:
- Principles, consultation structure and communication technique.
- Recognition of red flags and accurate sign posting for potentially more serious illness
- Basic observation of the ill adult and/or child
- Basic assessment including red flags, initial management and appropriate referral of the patient with:
 - An ear, nose or throat related problem – acute and chronic presentations
 - An upper respiratory tract problem such as acute asthma or exacerbation of COPD
 - Abdominal pain
 - Headache
 - Simple back pain
 - Assessing rashes
- Documentation
- Triage scenarios

Note: *Physical examination skills are not covered in this course.*

Where and when London

2 July 2019; UCH Education Centre
19 November 2019; Hamilton House

A116 URGENT CARE CONSULTATION FOR COMMUNITY PHARMACISTS

3 days = 21 hours' CPD £445



The CPD Standards Office
INDEPENDENTLY ACCREDITED CPD
www.cpdstandards.com

This hands on, clinically focused course is ideal for pharmacists who will be assessing adult patients with a variety of common complaints in the community. It will help build confidence and competence in meeting the challenges of everyday practice and the demands of the expanding role of the pharmacist clinician.

What's included

- Basic principles of history taking
- Physical examination techniques
- ENT assessment/practice
- Ear presentations
- Respiratory assessment/practice
- Upper & lower respiratory tract conditions including painful sinuses, sore throat, cough & bronchitis
- Abdominal assessment/practice
- Abdominal presentations- diagnosis and management
- Skin assessment, diagnosis and management
- Assessment skills review
- Evaluation and close

Note: This course seeks to expand practitioner's expertise in assessing and managing adults presenting in Primary Health Care. It lays the foundations for sound practice in conjunction with clinical workplace support provided by GPs or other advanced practitioners.

Where and when London

18-20 June 2019: Guy's Hospital

AR04 MINOR INJURY ESSENTIALS

3 days = 21 hours' CPD £460



Royal College
of Nursing
Accredited by the RCN Centre for
Professional Accreditation

This interactive programme focuses on the needs of community practitioners who are now expected to include basic injury review and care.

What's included

- Principles of musculoskeletal history taking
- Basic assessment of the major joints including targeted history taking, anatomy, joint function and essential physical examination techniques. Hands on practice is encouraged!

Joints covered include:

- shoulder - elbow
- wrist and hand
- hip - knees
- ankles and feet
- Common conditions
- Management and referral
- Practice scenarios
- Local analgesia
 - Types/safe levels
 - Local infiltration
- Wounds - including abrasions, cuts, burns and bites:
 - Classification/management
 - All forms of closure/deep sutures demo/practice
 - Removal of foreign bodies ear/eye nose/others
- Ingrown toenails
- Infections
 - Paronychia
 - Minor abscesses

Where and when

11-13 June 2019:
Guy's Hospital
2-4 October 2019:
St Bart's Hospital
22-24 January '20:
St Bart's Hospital
3-5 March 2020: St
Bart's Hospital

Quality Assurance

Maximum student
trainer ratio 12:1

AR10 MINOR SURGICAL PROCEDURES

1 day = 7 hours' CPD £215

This workshop will provide you with basic instruction in common minor surgical techniques used in minor injuries units, general practice, urgent care and walk in centres. The emphasis is on emergency wound care. Hands on participation is encouraged, fostering your competence in developing these skills for use in the workplace

What's included

- Principles of analgesia.
- Wound assessment, closure & management
 - Basic suturing technique/practice
 - Application of topical skin adhesive
- Common surgical procedures
 - Incision and drainage of an abscess
 - Paronychia management
 - Release of subungual haematoma
 - Digital block-fracture reduction
 - Management of ingrown toenails
 - Foreign body removal

Where and when London

13 June 2019: Guy's Hospital

4 October 2019: St Bart's Hospital

24 January 2020: St Bart's Hospital

5 March 2020: St Bart's Hospital

Quality assurance

Maximum student
trainer ratio 12:1

**10% discount
for booking 4 or
more people on a
scheduled event!**

AR68- UNDERSTANDING HEAD INJURIES

1 day = 7 hours' CPD £175

This course goes beyond the basics and looks at head injury in more depth. Learn what happens when a head injury occurs; gain a better understanding as to causes and forms of head injury and reasons behind clinical features of raised intracranial pressure. An important skill for all first contact practitioners.

What's included

- Specific class requests
- Applied neuro anatomy
- MOI
- Forms of injury
- Intra cranial pressure
- An introduction to patient examination
- Clinical features
- Guidelines
- Guide to further study

Where and when London

14 June 2019: Guy's Hospital

"I'm now more aware of injuries to [the] head and neck, puncture wounds and [the] high risk of infection"

Urgent Care Paramedic London

**Also available:
PDUK eLearning
course. Assessing
Minor Head Injuries:
An Introduction
See page 19 for
further details**

P17 MINOR INJURIES IN CHILDREN (FROM 1 TO 18 YEARS OF AGE)

1 day = 8 hours' CPD £185

This course has been designed for the experienced ENP. It builds on your existing knowledge of minor injuries and extends it to cover care for children aged between 1 and 18 years. It is an invaluable study day to develop your confidence and skills with paediatric injuries seen in first-contact settings.

What's included

- Paediatric history taking: a developmental approach
- Skeletal development in children, normal and abnormal patterns
- Upper limb: soft tissue and bony injuries, patterns of injury and healing
- Lower limb injuries: soft tissue and bony injuries, patterns of injury and healing

Note –attendees are encouraged to share x-rays and case studies with the group.

Where and when

London

26 June 2019: Guy's Hospital

26 November 2020: Hamilton House

Also available:
PDUK eLearning course
An introduction to paediatric minor injuries
See page 19 for further details

P49 SPORTS INJURIES IN 8-18 YEAR OLDS

2 days = 14 hours' CPD £310

This evidence-based, hands-on interactive course covers the physiological principles and practical considerations for assessing and managing common sports injuries in the school aged child, adolescent and teen-age patient. Participants will have the opportunity to apply these theoretical and practical concepts and techniques throughout the two days. This will boost their confidence in the recognition, differentiation, diagnosis, management and return-to-sport guidelines of common sports-related injuries.

What's included

- Review of basic MSK anatomy.
- Physiological principles underpinning sports injuries, including healing and tissue response to loading.
- Prevalence, definitions, classifications of injury
- Lower limb assessment including mechanism of injury, hands on practice, treatments and management
- Head and neck injuries
- Upper limb assessment including mechanism of injury, hands on practice, treatments and management
- Rehab and return to play

Where and when

London

31 October- 1 November 2019:
St Bart's Hospital

AR07 X-RAY INTERPRETATION OF MINOR INJURIES (INCLUDES RED DOT)

1 day = 7 hours' CPD £185



A67- BLOOD RESULTS: AN INTRODUCTION TO BASIC HAEMATOLOGY AND BIOCHEMISTRY INVESTIGATIONS

1 day = 8 hours' CPD £185

This workshop is underpinned by linking clinical presentation with relevant anatomy and principles of x-ray interpretation. Patient assessment, radiographic referral, interpretation and treatment for minor injuries are all included.

Who should attend

Practitioners should ideally be working in an environment where x-ray interpretation is part of their role but it may be suitable for practitioners making referrals for x-rays at another location. Clinical areas include minor injury units, A&E departments, out of hour's services and walk-in centres.

What's included

- Legal & professional issues
- Principles of normal and abnormal appearances of bone, soft tissues and joint appearances on x-rays
- Paediatric considerations
- ABCS principles
- Red Dot principles
- History taking & mechanism of injury
- X-ray referrals
- Upper limb x-ray interpretation
- Lower limb x-ray interpretation
- X-ray interpretation quiz

Where and when London

21 June 2019:
Guy's Hospital
22 November
2019-
Hamilton House

This study day provides a firm foundation for understanding essential blood results. An ideal first course or basic refresher.

What's included

Haematology

- The full blood count- an overview
- Red blood cell count
haemoglobin and anaemia
haematocrit/ platelets/ red cell indices/ESR
- White cell count/differential
- Coagulation tests including prothrombin time, INR and d-dimers
- Case studies

Biochemistry

- U &E's / eGFR
- Glucose and HbA1c
- Cardiac enzymes/lipids
- Liver function tests
- Case studies

Where and when

London

25 June 2019: Guy's Hospital

19 November 2019: Hamilton House

"We booked the course at short notice & it was the first time we had held a course like this. Debra & Val were extremely helpful & accommodating to all our requests & guided us well!"

*Practice Development
Lead Nurse, Brighton*

AR94 RECOGNISING AND MANAGING ACUTE SKIN CONDITIONS IN PRIMARY CARE

1 day = 7 hours' CPD £185

Designed for practitioners who need to improve their skills in assessing and managing acute skin conditions. Dermatological conditions are commonly seen in primary care but health care practitioners are often challenged by even the most common presentations. This course will give you more confidence in assessing and safely managing these conditions.

What's included

- Principles of dermatological assessment
- Common acute skin problems: diagnosis, differentials and management (e.g. bacterial, fungal and viral infections)
- When chronic skin conditions become acute, recognition and treatment.
- Assessment of skin lesions (benign lesions and skin cancers)
- Dermatological emergencies

Where and when

London

8 November 2019: Hamilton House

iPDUK eLearning course Skin infections

See page 19 for further details

The perfect preparation for nurse mentors who need to upskill to meet the new undergraduate nursing standards.

A116- THE PATIENT WITH CHRONIC RESPIRATORY DISEASE: ASSESSMENT AND CARE ESSENTIALS IN THE COMMUNITY

1 day = 7 hours' CPD £185

This interactive workshop has been designed to help health care practitioners develop their knowledge and exploratory skills of respiratory problems. The focus will be on assessment, planning relevant care and supporting the adult patient in the community.

Who should attend:

- Registered community health care practitioners who work with adult patients with diagnosed respiratory conditions.

What's included

- Impact of respiratory disease
- Differential diagnosis – Acute vs. chronic
- History taking and physical examination of the chest
- Pulse oximetry/ FEV1 technique and interpretation
- Types of inhaler devices use and technique
- Management of end stage respiratory disease /breathlessness
 - Coping strategies
 - Useful drugs
 - Care pathways
- Case History and Review

Where and when

London

8 November 2019: Hamilton House

AR76- OPHTHALMIC PRACTICE IN PRIMARY CARE

1 day = 8 hours' CPD £175

This study day will put you up to speed on your essential ophthalmology skills. It is aimed at practitioners who work in primary, emergency and urgent care settings and will appeal to nurses and allied health professionals.

What's included

- Anatomy of the eye
- Ophthalmic history taking including red flags
- Ophthalmologic examination including vision testing and external ocular assessment.
- Fluorescein staining, eyelid eversion, foreign body removal.
- Spotting emergent and sight threatening eye conditions
- Identification and management of common presentations including red eye and painful eye

Where and when London

20 June 2019; Guy's Hospital

Also available:
PDUK eLearning
Essential
Ophthalmic
Assessment in
Primary Care
See page 19 for
further details.

A86 CONTRACEPTION AND SEXUAL HEALTH WORKSHOP FOR THE PRIMARY CARE PRACTITIONER

2 days = 14 hours' CPD £310

This course had been designed to give participants an overview of the current methods of fertility control and the risks and benefits of different methods. The course will prepare clinicians to support appropriately qualified staff in monitoring women taking hormonal contraception and giving basic advice. Emergency contraception choices will also be discussed.

What's included

- Welcome and introduction to the course
- Aims & objectives: What do you need to know?
- Combined and oral hormonal contraception methods: COC/POP
- Long acting reversible contraception
- Barrier and other methods
- Safeguarding Issues: The law and under 16's
- Child sexual exploitation/ UME's County Lines
- Workshop scenarios
- Contraception needs of post-natal women and women over 40
- Emergency contraception
- STIs and HIV
- Partner notification
- Taking a sexual health history
- Workshops
- Questions, evaluation and close

Where and when - London

3-4 Oct. 2019; UCH Education Centre

Also available:
iPDUK eLearning course
Emergency contraception update
See pages 18 for further details.

A80 GYNAE CORE SKILLS FOR FIRST CONTACT PRACTITIONERS

1 day = 7 hours' CPD £185

This interactive one-day course is targeted at primary care practitioners involved in the management of and referral decisions for women presenting with gynaecological issues.

What's included

- Review of anatomy and physiology of the female genitourinary system
- Overview of gynaecological disorders- Endometriosis, PCOS, Adhesions, Pelvic organ prolapse, Gynae cancer
- Sexual history taking & promoting sexual health
- Physical assessment
- Abdominal & pelvic examination,
- Vaginal speculum examination,
- bimanual examination, screening & specimen collection
- Diagnosis and management of common gynaecological disorders including: pelvic pain, dysmenorrhea, bleeding and heavy menstrual bleeding, common sexually transmitted infections, retained tampon and or removal of foreign body, vaginal pessary use for prolapse
- Overview of emergency contraception
- Adolescent sexual health and Fraser Guidelines explored

Where and when London

26 June 2019: Guy's Hospital
6 December 2019: St Bart's Hospital

AR126 RAPE AND SEXUAL ASSAULT: A VICTIM-CENTRED APPROACH

1 day = 7 hours' CPD £185

Victims of rape and sexual assault may also be unfortunate enough to encounter disbelief and 'victim blaming' from those who think they 'asked for it', for example, by behaving or dressing in a certain way.

This course addresses those misconceptions and considers a new approach for health professionals involved in their care, which incorporates the psychological, physical and forensic issues arising when caring for these patients. Confidentiality, consent and police involvement are closely examined with consideration to the legal and ethical tenets before identifying clear referral pathways. The role of Sexual Assault Referral Centres as a primary care pathway is discussed.

Attendance at this course will help clinicians to understand how prioritising the needs of the victim can improve both the immediate care and the long-term outcomes for these vulnerable patients.

What's included

- Identifying the problem: prevalence and long-term effect of rape and sexual assault
- Misconceptions and misinformation
- Legal tenets: Sexual Offences Act 2003
- Response to trauma and coping strategies
- Case study: unravelling the problem
- Ethical issues: police, confidentiality and disclosure without consent. Serious Crime Act 2015
- The role of the health professional
- Sexual Assault Referral Centres
- Other care pathways
- Self-care planning

Where and when London

3 July 2019: UCH Education Centre
13 November 2019: Hamilton House

A99- NMP ESSENTIALS FOR COMMON LONG TERM CONDITIONS

1 day = 8 hours' CPD £175



The CPD Standards Office
Not-for-profit, independently accredited CPD
www.cpdstandards.com

This course will review essential prescribing practice for a range of common long term conditions (LTCs) including COPD, chronic heart failure, renal disease and diabetes.

What's included

Interactive learning is a key feature of this course. You will look at case studies and real situations that have been encountered.

The day will start with establishing your familiarity with the following principles which will be used in the case studies.

- An understanding of what medicines optimisation means and how this plays an important role in each of the conditions.
- What is a medication review and the different levels of medicines reviews.
- How often should you review a patient's medication
- What is medicines reconciliation and why this is particularly important in long term conditions.
- Why is patient experience and involvement essential
- Consider drug –drug interactions when prescribing new medicines
- Be aware of black triangle medicines

Renal Disease

- Renal disease: stages and monitoring of the disease.
- Prescribing and dose alterations for different stages.
- Acute kidney injury (AKI) including prevention and awareness of medications that often place patients at risk.
- The importance of hydration

COPD

- Which inhalers and when to prescribe.
- Prescribing other oral medicines in COPD; what is the evidence.
- Prescribing in advance of exacerbation including patient education.
- High dose steroid cards.

Chronic Heart Failure

- A brief overview of the medicines prescribed in CHF
- Maximising doses in chronic heart failure
- How to manage side effects including medication alterations.

Diabetes

- When to treat type II diabetes
- Current prescribing guideline recommendations
- Insulin and its management
- Blood glucose monitoring – when, why and is it necessary?
- Risk factors and prescribing preventative medicines.
- Practical problems such as:
 - Diabetes treatment and the patient fasting for religious reasons
 - Hypoglycaemic attacks: patient or partner recognition.
 - Long distance flights and time changes: how and when to take diabetes medication.

Where and when

London

18 June 2019; Guy's Hospital



The CPD Standards Office
INDEPENDENTLY ACCREDITED CPD
www.cpdstandards.com

AR124 ANNUAL NMP V300 UPDATE COURSE

1 day = 8 hours' CPD £185

This one-day interactive generic course is ideal for all non-medical prescribers (NMP) with a recorded prescribing qualification (V300) who are working within the NMP role.

Completion of the course fulfils the requirement for NMPs to demonstrate ongoing CPD by updating their qualification annually.

Who should attend?

All NMPs with a V300, including nurses, physiotherapists, radiographers, pharmacists, optometrists,

podiatrists, midwives and paramedics.

- NMPs are required to attend an annual NMP update. This course meets these requirements.

What's included

- Discuss current NMP updates and clinical governance;
- Examine current laws and legislation related to independent and supplementary prescribing;
- Discuss medico-legal issues and relate this to NMP clinical practice;
- Critically discuss

practical and ethical issues in prescribing;

- Discuss common pitfalls in prescribing and prescribing errors;
- Examine adverse drug reactions and how to reduce errors;
- Discuss prescribing support resources;
- Assess clinical decision making skills in relation to evidence-based practice.

Where and when London

6 November 2019;
Hamilton House

AR108- TELEPHONE TRIAGE: CORE SKILLS

1 day = 8 hours' CPD £175

This interactive study day provides participants with practical tools and techniques to conduct safe and effective telephone triage. The programme is flexible and can be adapted to workplace requirements.

What's included

- Why telephone triage, pros and cons
- Managing a triage call, including
 - Establishing a helpful relationship and active listening.
 - Different questioning techniques
 - Structuring the call - Dos and don'ts
- Legal implications, including documentation.
- Overview of common triage calls- covering main body systems: a problem-based approach
- Case scenario practice covering minor and major ailments and long-term health conditions as required by participant's area of practice.
- Support systems; principles of writing protocols, audit and a discussion of what is needed in individual areas

Where and when - London

20 November 2019; Hamilton House

IH02 PAEDIATRIC EXAMINATION MADE EASY

3 days = 21 hours' CPD £465

This programme has been designed to provide attendees with the basic tools for taking a child focused history and performing a physical examination on the ENT, cardiac, respiratory and abdominal systems. An essential for competent paediatric assessment.

What's included

- History taking & physical exam techniques/anatomical and physiological differences in paediatrics
- Examining the skin
- ENT/lymphatic examination/practice
- Respiratory assessment/practice
- Cardiac assessment/practice.
- Abdominal examination/practice
- Test out demonstration
- Practice, practice, practice
- Test outs

Where and when London

27-29 Nov. 2019; St Bart's Hospital

P01 PAEDIATRIC MINOR ILLNESS

3 days = 21 hours'
CPD £465



This course concentrates on childhood minor illnesses from infancy to late teen years. Ideal for the practitioner who is confident with history taking and physical examination skills and wants to explore a variety of paediatric conditions in an evidence based context. A chance to share your experience and build on your expertise.

What's included

- Review of age-appropriate history taking and physical exam techniques
- Anatomical and physiological differences in children
- Recognition of the ill child
- The febrile child
- Skin problems
- ENT conditions
- Abdominal complaints
- Respiratory problems
- Eye complaints
- Reinforcers

Note: Course pre-requisite competency in history taking and physical examination skills. See page 3 and 14

Where and when London

10-12 July 2019: UCH Education Centre
13-15 Nov. 2019: St Bart's Hospital
25-27 February 2020: Hamilton House

Note:

Course pre-requisite- competency in history taking and physical examination skills.

**Also available:
PDUK eLearning. Free taster:
The First Steps in Recognising the
Acutely Ill Child
See page 18 for further details**

P56- YOUNG MINDS IN CRISIS: AN INTRODUCTION TO CHILD AND ADOLESCENT MENTAL HEALTH

1 day = 8 hours' CPD £180

This course is ideal for practitioners who need to develop their understanding of the mental healthcare needs of children and adolescents. Mental health (MH) disorders are increasing in this vulnerable patient group and providing early intervention, appropriate treatment and long-term support for them is one of the key challenges for the NHS. Many young people in need of MH services are currently unable to access treatment. This course will equip practitioners with the knowledge and skills to help children and adolescents develop emotional resilience and learn how to cope with life's ups and downs.

What's included

- Overview of development in childhood and adolescence
- Attachment and relationships
- Risk and protective factors
- Overview of specific problems in young people's mental health
- Mental health and resilience
- Key skills and qualities required to support children and adolescents

Where and when London

22 November 2019: Hamilton House

The perfect preparation for nurse mentors who need to upskill to meet the new undergraduate nursing standards

P53 THE DETERIORATING CHILD

1 day - 7 hours' CPD £180

This course is ideal for clinicians at all levels who are required to assess and manage paediatric patients in emergency, urgent, acute and primary care settings.

It is designed to help health professionals understand the anatomy, physiology and pathophysiology of very sick children who are well compensated. These paediatric patients may appear haemodynamically stable for protracted periods before sudden, rapid, catastrophic collapse. The course will give clinicians the tools to apply a structured patient assessment, enabling them to safely identify and manage patients who are most at risk.

Where and when

London

4 December 2019: Hamilton House

Paying by instalments

If you are making an individual rather than company booking, you can now pay for any PDUK course by instalments. If you wish to be considered for payment by instalments, please email info@pduk.net or call us on 02392 501428.

For further information or to book a scheduled course go to:
www.pduk.net

What's included

- How to approach the paediatric patient and associated risks.
- Anatomical, physiological and pathophysiological differences:
 - airway;
 - breathing (including recognition of respiratory sounds and grunting);
 - circulation;
 - other considerations.
- 'Blind' initial assessment of the paediatric patient: an 'across the room' approach.
- Indicators for respiratory and circulatory distress versus failure in the paediatric patient.
- The role of oxygen and glucose in aerobic and anaerobic paediatric respiration and applying this to recognising the decompensating paediatric patient.
- Warm and cold shock.
- The purpuric rash, recognition and management.
- History of conception, pregnancy, labour and birth in identification of additional paediatric risk factors.
- Prematurity and low birth weight as risk factors for morbidity.
- Respiratory distress syndrome and chronic lung conditions in paediatrics.
- Bronchiolitis and bronchopulmonary dysplasia.
- Paediatric necrotising enterocolitis: risk factors and recognition.
- NICE traffic light system for identifying risk of serious illness in paediatrics.

P55- 6-8 WEEK CHECK: UPDATE YOUR SCREENING SKILLS

1 day = 8 hours' CPD £185

Following Public Health England's new-born and infant physical examination (NIPE) screening guidelines, this course offers practitioners who need to refresh their skills, a chance to review theory and practice in a stimulating learning environment. The four NIPE examination screening elements are central to this programme. Hands on practice will form part of the day along with exploration of normal and abnormal findings.

Who should attend

Practitioners who have completed an accredited neonatal or 6-8-week examination course and require a yearly update. Practitioners who would like to refine their current skills.

What's included

- Introduction
- Review of the new-born infant physical examination programme (NIPE) and standards
- Skill builders:
 - Screening history
 - Assessment of HENT, skin and eyes
 - Respiratory assessment
 - Cardiac assessment
 - Abdominal assessment including male and female genitalia/anus
 - Neurological assessment
 - Musculoskeletal assessment including detection of developmental dysplasia of the hip (DDH)
 - Documentation and referrals
- Summary of infant screening

Where and when London

4 December 2019; St Bart's Hospital

**Quality assurance Hands-on workshop:
maximum student to trainer ratio 12:1**

P54 REVIEW AND REFRESH YOUR NEWBORN SCREENING SKILLS

1 day = 8 hours' CPD £185

In line with Public Health England's new-born and infant physical examination (NIPE) screening recommendations, this review course provides both theoretical and hands-on practice for practitioners who need to refresh and update their skills. With a focus on the four examination screening elements, validation of normality and detection of the abnormal are key parts of the day.

Who should attend

Practitioners who have completed an accredited neonatal examination course and require a yearly update. Practitioners who would like to refine their current skills.

What's included

- Introduction
- Review of the new-born infant physical examination programme (NIPE)
- Skill builders:
 - Screening history
 - Assessment of HENT, skin and eyes
 - Respiratory assessment
 - Cardiac assessment
 - Abdominal assessment including male and female genitalia/anus
 - Neurological assessment
 - Musculoskeletal assessment including detection of developmental dysplasia of the hip (DDH)
 - Documentation
- Summary of new-born screening

Where and when London

11 October 2019; St Bart's Hospital

**Quality assurance Hands-on workshop:
maximum student to trainer ratio 12:1**



PDUK eLEARNING COURSES

GO

- Get your CPD on track today
- Climb the career ladder with PDUK's online CPD courses

Log on to access the career-boosting opportunities that PDUK's eLearning courses provide. Our collection of courses at www.pduk.net

includes timely new CPD options to help you gain professionally recognised qualifications and get ahead at work.

Embrace eLearning

If you're on a fact-finding mission, our topical, incisive online courses will help you to fill in the gaps in your knowledge. Besides helping you to absorb information fast, each course includes a multiple-choice quiz to reinforce your understanding.

Try our free taster course

Complete our free 30-minute taster session, then access the rest of our eLearning courses at your convenience. To help you achieve your personal development goals, each course must be completed within 60 days.

Our standards are second to none

All our healthcare courses are created for you by dedicated clinicians who are experts in their field. We ensure our programmes meet the highest UK standards by enlisting a panel of academics to review every aspect of each course. The result? Quality healthcare courses that enhance the way you work and – crucially – provide patients with better care.

Team up to take advantage of our discount offers

As well as being a brilliant way to learn, our online courses are excellent value for money. Employers who purchase more than 10 PDUK eLearning courses will receive a 10 per cent discount.

Find the healthcare course that works for you

Check out our courses at www.pduk.net

FREE COURSE

THE FIRST STEPS IN RECOGNISING THE ACUTELY ILL CHILD

30 minutes' CPD Free!

Dr Debra Sharu explains how to assess the severity of illness in the sick child. This course covers common symptoms and the diagnostic examination methods with which to study them. It provides a firm foundation from which practitioners can develop their skills and confidence.

EMERGENCY CONTRACEPTION UPDATE

2.5 hours CPD £32.00

Liz Sherlock's course gives an overview of emergency contraception and its practical application, based on guidance from the Faculty of Sexual & Reproductive Healthcare (FSRH). This PDUK programme will equip practitioners with the knowledge to facilitate a woman's choice of emergency contraception and counsel on the efficacy of the various options, plus how to prevent future unplanned pregnancies. Areas covered include the common side effects and interactions of all methods of emergency contraception.

MINOR INJURIES FOR PHARMACISTS

2.5 hours CPD £32.00

This course will give pharmacists an understanding of minor injuries, including the assessment of burns, the different types of wounds and minor musculoskeletal injuries. By the end of the session, practitioners should be confident in assessing what first aid is necessary for each of the above presentations. You'll also learn when

to refer on to a medical healthcare professional for further assessment and treatment.

ASTHMA IN CHILDHOOD: THE ESSENTIALS

3.5 hours CPD £38.00

This course for nurses and allied health professionals explains the initial skills needed to identify a child with asthma. Students will learn about lung function, how to treat an asthmatic episode and how to recognise and manage issues around triggers. The correct use of inhaler devices and medication compliance will also be reviewed.

IMMUNISATION UPDATE FOR HEALTH CARE ASSISTANTS

1.5 hours CPD £23.00

This course covers adult immunisations, medicine management and relevant legal and professional issues. It is intended for HCAs who have completed their initial immunisation training. This course is in line with the revised Health Protection Agency national minimum standards for immunisation training.

IMMUNISATION UPDATE (*Complies with the Public Health England National Minimum Standards for Immunisation Training.*)

1.5 hours' CPD £23.00

Liz Sherlock covers immunisation for adults and children, as well as the legal and professional issues surrounding immunisation. Suitable for practitioners who are qualified to immunise and already do so, this course is designed to help you meet yearly update CPD requirements.

ASSESSING MINOR HEAD INJURIES: AN INTRODUCTION

2.5 hours' CPD £32.00

David Bradley draws on his many years of experience in A&E to explain how to assess patients who may have suffered a minor head injury. Besides learning which common signs and symptoms to look out for, you'll study the skills and physical examinations that will enable you to start effectively managing minor head injuries.

PAEDIATRIC MINOR INJURIES: AN INTRODUCTION

2.5 hours' CPD £32.00

Lorrie Lawton explains how to assess and manage some of the most common paediatric minor injuries seen in Urgent Care, Minor Injury Units and Emergency Departments. This course provides a brief overview of minor injuries commonly presented in children, including the fundamentals of history taking and documentation, examination techniques, management of foreign bodies and the most common minor injuries including burns, head, face and hand injuries.

ESSENTIAL OPHTHALMIC ASSESSMENT IN PRIMARY CARE

2.5 hours' CPD £32.00

Margaret Gurney's course for primary care health professionals provides a basic understanding of the eye, its function and the assessment of common sight- and non- sight-threatening eye problems.

SKIN INFECTIONS

2.5 hours' CPD £32.00

Rebecca Davis introduces common bacterial, viral and fungal skin conditions and investigates the main causative agents, including those from the staph, herpes and tinea groups.

DEMENTIA: UNDERSTANDING AND DEALING WITH CHALLENGING BEHAVIOURS

2.5 hours' CPD £32.00

Jane Gordon examines the most common forms of challenging behaviour seen in patients with dementia. You'll learn about the causes of this behaviour and ways in which you can attempt to prevent and manage it. With real-life case studies to help you put what you have learnt into practice, this iPDUK programme is suitable for practitioners who have some experience of dealing with patients with dementia.

www.pduk.net/elearning.php

Learning 

IN-HOUSE COURSES



THE DREAM TEAM TRAINING SOLUTION
Our targeted CPD healthcare courses enable you to choose what, when, where and how your staff learn

We'll compile a training programme specifically for your staff at a time and place to suit you

Thanks to our customers' feedback, we know that PDUK's in-house events can work wonders for teams of healthcare professionals.

Training together boosts the team dynamic and helps everyone discover their individual strengths, while simultaneously boosting confidence and competence. The key to group learning is to create a supportive environment in which staff can explore fresh ideas and express themselves freely. That's what we do; and it's why our in-house courses are so successful. Back on the job, all your staff – from nurses to doctors and pharmacists to health visitors – will be motivated to give their patients the best possible care.

Tell us what your perfect in-house course looks like and we'll create a programme that will boost your staff's knowledge and help them raise their skills to the next level, exceeding your expectations. Enhanced job satisfaction is par for the course.

Our expert practitioners will devise a course to address the precise needs of your staff or produce a bespoke

solution if you prefer. What's more, we'll deliver it at a destination of your choice.

(The beauty of in-house training is that you're guaranteed to get the course you want. All our in-house training solutions are commissioned by employers like you. What we do works for their team and it will work for yours, too.)

Why PDUK courses provide exceptional results

We've been there, done that and got better. But we're always striving to improve. Our comprehensive portfolio of more than 300 healthcare courses is the result of more than a decade of combined professional expertise, knowledge, analysis and reflection. Every course we run helps us to fine-tune our formula and provide exactly what you want from CPD.

We select our expert tutors for their up-to-date knowledge and expertise. Working on the frontline of healthcare services means our clinicians have the insight to help your staff keep abreast of the latest medical developments. This will help to raise standards in your organisation.

Our courses are superb value for money. Make your investment work harder by commissioning a course for a group of staff (we charge by the event rather than the number of delegates).

Choose PDUK to deliver healthcare CPD to your team because...

We aim for clinical excellence. Every course we devise draws on our many years of experience, current practice and future aspirations. To enable your staff to improve their knowledge and skills, we create effective learning solutions based on topical educational content. By using relevant case studies and real-life situations, our expert tutors bring their subjects to life.

Better healthcare benefits everyone. Our customers tell us we're doing a great job and we're committed to providing this essential service. Top-quality CPD helps to raise standards in healthcare and our reputation for promoting advanced practice within healthcare training today speaks for itself.

Our experience speaks for itself. After training thousands of healthcare providers since Practitioner Development UK began in 2002, we are ideally placed to refine and improve our range of workshops and seminars. Have a look at our programme of more than 300 courses to see what we can offer you. Alternatively, we can design a unique package especially for your team.

PDUK: advanced practice CPD for healthcare professionals

PDUK works with the NHS and the public and private healthcare sectors, both within the UK and abroad. We train health professionals from nurses (advanced practice, community, hospital and general) to healthcare assistants, health visitors, pharmacists, physiotherapists, paramedics, podiatrists, midwives, radiographers and doctors (from juniors to consultants).

Take action to boost your CPD today. Choose from the courses listed in this brochure and on our website (www.pduk.net) or get in touch if you'd like us to design a programme specifically for your organisation.

Here's a selection of our courses:

- EMERGENCY PAEDIATRICS FOR THE PRIMARY CARE PRACTITIONER
- RED DOT TRAINING FOR RADIOGRAPHERS
- GETTING TO GRIPS WITH MENTAL HEALTH
- AN INTRODUCTION TO TRAVEL HEALTH
- PAEDIATRIC SAME DAY CONSULTATION
- SEPSIS; EARLY RECOGNITION AND MANAGEMENT
- LEG ULCERS: ESSENTIAL CARE GUIDE

Save money on your terms. If there are extra places available on your course, you can team up with other local healthcare providers to share the costs. There is no minimum number of students per course, but we cap numbers for optimum learning.

- Good news: there are no hidden extras. The cost of the course includes all tutor expenses, course materials, specified equipment and certificates. Prices vary according to the programme you choose. For a quote, call us on **02392 501428**.
- We're here to help. Simply contact us, explain what you want and we will give you a quote, a course programme and a 'no obligation' proposal outlining terms and conditions.

Get in touch: it can't hurt, can it?

For a full list of our in-house programmes go to www.pduk.net

IH87 ABC OF ECGS

1 day = 7 hours' CPD

This course provides practitioners with a practical step-by-step review of ECG interpretation. The emphasis is on understanding the basis of ECG interpretation, clinical pearls and potentially life-threatening problems.

What's included

- The physiologic basis of the ECG
- How to record a 12 Lead ECG.
- A step by step guide to reading an ECG.
- ECG interpretation and cardiac axis- What is normal?
- ECG interpretation- Common abnormal findings- to include:
 - Acute Myocardial Infarction and Ischaemia ,
 - Sinus and atrial rhythm abnormalities,
 - Ventricular rhythm abnormalities,
 - Disorders of conduction
 - Bundle branch blocks

Unknown test cases and participant questions are an integral part of this programme

A97B AN INTRODUCTION TO TRAVEL HEALTH

1 days = 8 hours' CPD

From vaccinations and Malaria prevention strategies, to maintaining water and food safety abroad, travel health is a complex topic. Training is essential and this one-day course is designed to prepare you in the foundations of the subject. It's aimed at those who are novices in travel health as well as more experienced practitioners. At the end of the day you'll have a good understanding of all the essential issues and key resources to support your practice. The course is in line with the RCN travel health medicine competency framework and the Public Health England standards for immunisation training.

What's included

- Introduction to travel medicine - brief overview including Global stats.
- Travelers health epidemiology
- The importance of assessing each traveler's individual risk
- Overview of travel-related diseases and their prevention, including travel vaccines
- Travelers diarrhoea, prevention and treatment
- Malaria prevention and related medication, ACMP guidelines
- Useful travel health products - e.g. repellents, mosquito nets
- Rabies - what's new, using an accelerated schedule
- Legal and professional responsibilities
- Current issues - hot topics
- The best sources of information
 - essential resources, best practice guidance
- Scenarios

The perfect preparation for nurse mentors who need to upskill to meet the new undergraduate nursing standards.

A08 TOP TO TOE PHYSICAL EXAMINATION: REFRESH AND REFINE YOUR SKILLS

1 day = 7 hours' CPD

This interactive day gives you the chance to hone your examination skills and includes dynamic group participation. It is ideal for practitioners wishing to update their history taking, physical examination, reviewing signs and symptomology techniques. Perfect for advanced practice students and experienced practitioners alike.

What's included

- History taking and documentation reviser
- Top to toe physical examination: points, principles and findings
- Demonstrations
- Group practice/patient scenarios
- Group discussions

IH23 VENEPUNCTURE AND CANNULATION

1 day = 7 hours' CPD

Attendee involvement is the key to this programme. It is geared towards confidence building and safe practice. By the end of the day participants will feel able to perform these procedures and have a solid base to build on.

What's included

- Indications for venepuncture and cannulation
- Legal and professional implications
- Equipment type and choices
- Anatomy overview - choice of site
- Demonstration of the basics
- Red flags, complications, health and safety
- Dealing with difficult cannulation
- Practice, practice, practice

A116 TELEPHONE TRIAGE REFRESH & REFINE

1 day = 7 hours' CPD

This interactive study day is aimed at the experienced telephone triage practitioner. It provides participants with a review of basic skills and looks at more challenging issues.

What's included

- Managing a triage call review, including
 - Establishing a helpful relationship and active listening.
 - Different questioning techniques
 - Structuring the call
 - Dos and don'ts
- What makes a call difficult and how to handle the challenging caller
- Legal implications.
- Risk management; major trends, documentation, policies in telephone triage.
- Overview of common triage calls- covering main body systems: a problem based approach
- Case scenario practice covering minor and major ailments and long term health conditions as required by participant's area of practice.
- Support systems; principles of writing protocols, audit and a discussion of what is needed in individual areas.

Ideal for mentors who need to upskill in preparation for the new undergraduate nursing curriculum

P25 MINOR ILLNESS IN ADOLESCENTS

3 days = 21 hours' CPD

This interactive programme is ideal for primary care practitioners who frequently see adolescents who present with minor ailments. Assessment, diagnosis and management of a variety of illnesses will be considered within an age appropriate context.

What's included

- Introductions
- Anatomical and physiological considerations in adolescents.
- Developmentally appropriate history taking and physical examination techniques.
- Headache
- The red or painful eye
- Ear problems such as hearing loss and ear infection
- Upper and Lower Respiratory Tract presentations to include painful sinuses, sore throat, cough, bronchitis and asthma
- Skin conditions including examination principles, eczemas, psoriasis, infestations, bacterial, viral and fungal infections
- Acute abdominal pain covering diarrhoea, vomiting, constipation, indigestion, ectopic pregnancy and more
- Gynae overview covering vaginal discharge, pelvic pain, and the basics of emergency contraception
- Mental health-depression, assessment and management essentials

AR55 RED DOT TRAINING FOR RADIOGRAPHERS

1 day = 7 hours' CPD

This course provides essential training for radiographers who are either new to the role, returning to practice or are taking on an A&E/MIU workload. A combination of lectures and short self-study group work is used to make this a stimulating, worthwhile training experience.

What's included

- Introduction
- A&E/MIU radiology reports versus red dot system
- Refresher of radiological appearances of normal and abnormal bone
- Upper limb: shoulder, elbow, wrist and hand
- Lower limb: hip, knee, ankle and foot
- Central skeleton: face & mandible, cervical, thoracic and lumbar spine, pelvis

"In my 25+ years as a nurse, your courses have to be the best I've ever attended. [They are] a perfect balance between consolidating existing knowledge, updating and confidence building with practical skills, all delivered by experienced, up-to-date, excellent course leaders."

Nurse, Lancashire

The perfect preparation for nurse mentors who need to upskill to meet the new undergraduate nursing standards.

AR107- CATHETERISATION AND CATHETER CARE ESSENTIALS

1 day = 7 hours' CPD

This course offers a guide to best practice in catheterisation and catheter care within a legal and ethical context. It also reviews the basic skills of male and female catheterisation thereby providing a platform for attaining skills competency in the workplace.

What's included

- Anatomy and physiology
- The principles of informed consent
- Catheterisation 'The theory'
- Catheterisation demo and practice
- Catheterisation: Cautions and complications
- Including catheterisation & health care acquired UTI
- Catheter care & maintenance
- Bags, valves and holders
- Trouble shooting

Note: Practice with an appropriate qualified facilitator in the workplace is required to demonstrate clinical competency.

'An excellent course, I'll very much enjoyed it and learnt so much – thank you..'

District Nurse, London

AR61- EAR CARE IN THE COMMUNITY: IRRIGATION TRAINING ESSENTIALS

1 day = 7 hours' CPD

This hands-on workshop provides practitioners with the foundations for safe confident practice when dealing with patients who present with minor ear problems. It covers essential theory and clinical skills including ear irrigation and otoscopy.

What's included

- Ear anatomy and physiology
- Sound ear care: prevention and promotion
- The normal ear: lets take a look
 - Slides and discussion
 - Otoscopy, theory, safe handling, demonstration and practice
- Recognising common problems; including earwax impaction, foreign bodies, infection and perforation.
- Ear irrigation review, risk assessment and potential complications
- Demonstration and practice
 - Otoscopy revisited
 - Irrigation
 - Aural Toilet
- Documentation
- Legal issues and professional accountability

Note: Practitioners with no previous experience of ear irrigation should be supervised in practice until deemed competent by their clinical facilitators.

A109 PALLIATIVE CARE AND END-OF-LIFE CARE: WHAT YOU NEED TO KNOW

2 days = 14 hours' CPD

This course equips health care providers in hospitals and the community with the skills and knowledge to competently and sensitively care for patients who need palliative or end-of-life care.

What's included

- Practical systematic history taking with attention to its vital importance to good care for the palliative care end-of-life care patient and their family, via role play and group work.
- The physical signs of the dying patient and how to systemically identify these, with case studies.
- The main symptoms presented by the palliative care patient and how to systemically identify these, plus the required symptom control, including pain, nausea and vomiting, shortness of breath and constipation.
- Approaches to nutrition and hydration interventions in the palliative care/terminally ill patient. Discussion and debate including ethical issues.
- The role of spiritual care at end of life.
- The importance of good communication skills when breaking bad news, with role play and case studies.
- Identifying signs and symptoms of palliative care emergencies, including hypercalcaemia and spinal cord compression, with case studies.

AR27- GETTING TO GRIPS WITH MENTAL HEALTH

1 day = 7 hours' CPD

This mental health study day is for primary care nurses needing to recognise the signs and symptoms of common mental health conditions, such as stress, anxiety and depression. The course will focus on assessment, high risk behaviours and situations, and appropriate interventions including health promotion strategies and referrals. We will also look at specific issues related to high risk groups such as the homeless and refugees.

What's included

- Common presentations – challenges for practitioners
- Assessing for signs and symptoms
- Exploring high risk groups individuals
- Capabilities and limitations – when to refer on and to whom
- Basic interventions
- Working with other agencies
- Writing appropriate referral letters

*"We asked your advice on course content. We told you what we wanted and PDUK delivered. Thank you
Nurse manager, Kiddeminster*

Ideal for mentors who need to upskill in preparation for the new undergraduate nursing curriculum

USEFUL INFORMATION/ TERMS & CONDITIONS

For information on our data protection policy go to www.pduk.net

Scheduled course times & fees

Courses usually run from 10:00am- 16:30pm. Timings will be confirmed in your course information pack, 2-3 weeks before the event.

All fees are inclusive of standard UK VAT rates and include tuition, course material and certificate of completion. Our scheduled events include morning and afternoon refreshments. Accommodation is not included.

Booking discount

There is a 10% group-booking discount on PDUK scheduled courses. Bookings must be for groups of 4 or more attendees for the same event. All applications must be submitted at the same time. This discount does not apply with any other offer.

Booking a scheduled event

Bookings can be made over the telephone, or online through our website:

www.pduk.net Bookings are regarded as firm bookings and you are advised that once made you have entered into a contract. Provisional bookings are NOT accepted.

Payments

Employer or third party sponsored applications. - An invoice is raised once an application is processed. Payment is due within 30 days of issue. When available please quote purchase order numbers. It is strongly advised that funding be secured before booking a course. If an employer refuses to pay, the attendee is liable for full payment.

Bookings made by self-pay candidates must be paid in full within 30 days of application or 4 weeks prior to the course commencing, whichever is soonest. Payment for courses can be split into two or three payments. This option is only open when agreed in advanced with PDUK. If you are interested in this option contact us on info@pduk.net or 02392501428. Course packs will not be posted until full payment is made.

Payment methods

Choosing the invoice option when booking - Paying directly into our bank account, details as provided on the invoice. (Please use the invoice no. as payment reference). Choosing the credit or debit card option when booking -Credit or debit card payments can only be made online, in full, at the time of booking. Late payments will incur an additional 8% charge.

NOTE: Bank cheques are no longer accepted as a form of payment

Cancellations received 5 weeks before the start of the course may be liable to a £15 cancellation fee. Cancellations received within 5 weeks of the event are liable for the full course fee. All cancellations must be made by email and will not be accepted by any other means. We are happy to accept a substitution candidate at no additional cost but do require their contact details. Full payment will be due from anyone who fails to attend.

Course changes

Practitioner Development UK reserves the right to change the venue, cancel a course or defer to a later date(s) at any time and without prior notice. Fees will be refunded in full should delegates not wish to attend the alternative date or in the event of a cancellation. Practitioner Development UK is not responsible for personal expenses incurred due to a cancelled event.

Travel & accommodation

We advise you NOT to book accommodation and travel until you have received your course information pack. This will be sent 2-3 weeks before the course commences. Practitioner Development UK will not reimburse these costs.

Purchasing E-learning

Payment for individuals must be made at the time of purchase via credit or debit card. All card transactions must be made online at www.pduk.net. If an invoice is required for a bulk purchase by an organisation, please contact us on info@pduk.net or call 02392 501428.

PRACTITIONER DEVELOPMENT

UK LTD

Plan your career path and realise your potential today

Sign up for a PDUK training programme and revalidate your professional qualifications

Our mission is to make healthcare better. We do this by improving the knowledge, skills and expertise of thousands of healthcare practitioners worldwide.

PDUK's internationally renowned training courses are designed to help health professionals progress in their careers and achieve the highest standards in their working roles.

Well over a decade ago, we pioneered advanced healthcare training in the UK with our very first course, which was RCN-accredited.

Since launching that course, we've developed our professional training programme to provide a comprehensive range of more than 300 courses. We refine and update all our programmes regularly in order to comply with the ever-changing needs of patients, practitioners and the health service. This attention to detail means we can provide the best healthcare CPD courses money can buy.

PDUK courses are professionally recognised

Many of our courses are accredited by the RCN and the CPD Standards Office

Revalidate your licence and maintain your CPD

All nurses who are registered with the Nursing and Midwifery Council are now required to revalidate their licenses (<http://revalidation.nmc.org.uk/>). This involves completing 35 hours of continuing professional development (CPD) over three

AUTUMN 2019/WINTER 2020

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Third Floor, 86-90 Paul Street,
London EC2A 4NE**

years. Our fully certified flexible training solutions not only count towards this but also enhance your professional portfolio. Our courses also provide the CPD requirements of advanced nurse practitioners as well as other health professionals.

Keeping abreast of new developments

With constant advances in healthcare assessment and management options, it's vital for practitioners to be fully informed about current clinical developments and procedures. That's why all our programmes are designed and delivered by experienced clinicians who are dedicated to passing on their expertise.

Our springboard to excellence

PDUK's role is to train healthcare professionals to do their jobs to the best of their abilities. We're here to help you ensure that your staff are among the most accomplished in their profession. Our targeted courses give health practitioners – from nurses to midwives, pharmacists, health visitors and doctors – the specialist knowledge and skills they need to progress at work. Our scheduled and in-house healthcare training courses in the UK and abroad are the best CPD money can buy. When you train with PDUK, we help you to achieve clinical excellence and – most important of all – outstanding patient care.

Slot CPD into your life PDUK's eLearning courses help you move forward in your career, wherever you are. Find out more at <http://www.pduk.net>.

HOW PDUK BEGAN

Debra Sharu DPhil, ANP is a fully qualified family nurse practitioner, as well as an experienced clinician, academic and educator. She is also an author. From her earliest days as a nurse on hospital wards, Dr Sharu has been passionate about improving advanced practitioner education. She created PDUK in 2002 to fill the gap in the market for quality training for healthcare professionals.