



**PRACTITIONER
DEVELOPMENT**

UK LTD

TOP-CLASS CPD FOR
HEALTH CARE PRACTITIONERS

Revalidate and revitalise your
career with PDUK: where
professionals meet to make
healthcare better

Spring/Summer 2019

**Royal College
of Nursing &
CPD Standards
Office accredited
courses
available**

WANT TO REVITALISE AND REVALIDATE YOUR CAREER?



Go to Practitioner Development UK (PDUK) and you're guaranteed to get:

- Comprehensive, topical and interesting courses
- Engaging tutors who are clinical experts in their field
- CPD hours to put towards revalidation targets
- RCN and CPD Standards Office accredited courses.

We offer three ways to learn:

1 Scheduled courses

- These popular options fill up fast so book early.
- Great for individuals
- Centrally located
- Ideal for networking.

See pages 3 - 17

Completion of a PDUK course is not a guarantee of clinical competence. This must be developed in the workplace with appropriate facilitation.

2 PDUK eLearning courses

Study when it suits you on a mobile device.

- Excellent for independent learners
- A convenient way to get up to speed
- Learn in your own time, even when you're out and about.

See pages 18 - 19

3 In-house courses

Perfect for groups of staff: choose a time and venue and we'll train your team for you.

- All programmes can be tailored to meet your requirements
- More than 300 adaptable courses
- Practical and cost effective.

See pages 20 - 26

SCHEDULED COURSES

Practitioner Development UK's scheduled courses take place at specified dates and venues. They are designed for individuals and small groups and can also be delivered in house.

Sources for courses Choose a course that fulfils your personal development objectives. Before you book, study the aims/objectives and course content to ensure it's appropriate for your expertise and experience. Not sure which course is the right level for you? Ask us: we're here to help.

We're constantly updating the content of our courses to ensure that they reflect current trends and practice requirements. Although there's no substitute for experience, the right training course provides an excellent opportunity to enhance your career, while simultaneously boosting your CPD hours.

A03 FIVE-DAY PATIENT ASSESSMENT SKILLS WORKSHOP **5 days = 35 hours' CPD £650**

Essential hands-on skills

The skills covered in this course are now mandatory learning for all healthcare practitioners who are required to carry out physical examinations on patients. These include: non-medical prescribers; acute and community nurses; nurse practitioners; pharmacists and paramedics.

This five-day programme provides practitioners with a springboard for diagnostic proficiency and clinical decision-making. After studying basic history-taking and physical examination techniques, you will have the opportunity to perform a complete physical examination that reflects clinical practice requirements and helps to develop all-round confidence. Covers essential skills for non-medical prescribers.

What's included

- History taking & practice.
- Physical examination techniques
- Examination of skin, hair and nails.
- Assessment of face, neck and ENT/practice
- Respiratory system examination/ practice
- Cardiovascular / peripheral vascular

- examination / practice
- Abdominal system examination/ practice
- Examination of the eye/practice
- Mental health/Neurological assessment/ practice
- Musculoskeletal examination/ practice
- Documentation of findings
- Structured physical examination demonstration
- Top to toe physical examination test outs

Where and when **London**

28 January- 1 February 2019: Guy's Hospital
1-5 April 2019: Guy's Hospital
24-28 June 2019: Guy's Hospital
9-13 September 2019: TBA

Quality Assurance
Hands-on workshop: maximum student to trainer ratio 12:1

Required skills
for non-medical
prescribers and
all advanced
practice nurses

The CPD Standards Office
INDEPENDENTLY ACCREDITED CPD
www.cpdstandards.com



A13 MINOR AILMENTS ESSENTIALS

3 days = 21 hours' CPD £470



This is an opportunity for those of you who are confident in taking a history and physical examination and want to focus on the common and not so common patient complaints seen in primary health care.

What's included

- The red or painful eye
- Ear problems such as hearing loss and ear infections
- Upper & lower respiratory tract presentations to include painful sinuses, sore throat, cough and bronchitis
- Head, neck and back pain
- Skin conditions including examination principles, eczemas, psoriasis, infestations, bacterial, viral and fungal infections
- Acute abdominal pain covering diarrhoea, vomiting, constipation, indigestion, ectopic pregnancy and more.
- Gynae overview covering vaginal discharge, pelvic pain and the basics of emergency contraception
- Mental health- depression, assessment and management essentials

Note: This course assumes attendees are confident in history taking & physical examination. These techniques will not be practiced during the course. If you need to develop these skills please check out our 5 Day Patient Assessment workshop.

Where and when London

21-23 May 2019:
Guy's Hospital
4-6 Sept 2019
TBA

A90- MINOR ILLNESS TRIAGE ESSENTIALS.

1 day = 7 hours' CPD £175

This interactive course provides the tools for competent basic triage. The course focuses on history taking and essential observations for safe patient management in triage. It is specifically designed for practitioners who see patients with undifferentiated illnesses.

What's included

- Introduction to triage
- History taking essentials:
 - Principles, consultation structure and communication technique.
 - Recognition of red flags and accurate sign posting for potentially more serious illness
- Basic observation of the ill adult and/or child
- Basic assessment including red flags, initial management and appropriate referral of the patient with:
 - An ear, nose or throat related problem – acute and chronic presentations
 - An upper respiratory tract problem such as acute asthma or exacerbation of COPD
 - Abdominal pain
 - Headache
 - Simple back pain
 - Assessing rashes
 - Documentation
 - Triage scenarios

Note: Physical examination skills are not covered in this course.

Where and when London

2 July 2019: UCH Education Centre

A116 URGENT CARE CONSULTATION FOR COMMUNITY PHARMACISTS

The CPD Standards Office
INDEPENDENTLY ACCREDITED CPD
www.cpdstandards.com



3 days = 21 hours' CPD £445

This hands on, clinically focused course is ideal for pharmacists who will be assessing adult patients with a variety of common complaints in the community. It will help build confidence and competence in meeting the challenges of everyday practice and the demands of the expanding role of the pharmacist clinician.

What's included

- Basic principles of history taking
- Physical examination techniques
- ENT assessment/practice
- Ear presentations
- Respiratory assessment/practice
- Upper & lower respiratory tract conditions including painful sinuses, sore throat, cough & bronchitis
- Abdominal assessment /practice
- Abdominal presentations- diagnosis and management
- Skin assessment, diagnosis and management
- Assessment skills review
- Evaluation and close

Where and when

London

18-20 June 2019; Guy's Hospital

Note: This course seeks to expand practitioner's expertise in assessing and managing adults presenting in Primary Health Care. It lays the foundations for sound practice in conjunction with clinical workplace support provided by GPs or other advanced practitioners.

Quality Assurance

Hands-on workshop: maximum student to trainer ratio 12:1

AR04 MINOR INJURY ESSENTIALS

3 days = 21 hours' CPD £470



This interactive programme focuses on the needs of community practitioners who are now expected to include basic injury review and care.

What's included

- Principles of musculoskeletal history taking
- Basic assessment of the major joints including targeted history taking, anatomy, joint function and essential physical examination techniques
- Hands on practice is encouraged!
- Joints covered include:
 - shoulder
 - elbow
 - wrist and hand
 - hip
 - knees
 - ankles and feet
- Common conditions
- Management and referral
- Practice scenarios
- Local analgesia
 - Types/safe levels
 - Local infiltration
- Wounds - including abrasions, cuts, burns and bites:
 - Classification/management
 - All forms of closure/deep sutures demo/practice
 - Removal of foreign bodies ear/eye nose/others
- Ingrown toenails
- Infections
 - Paronychia
 - Minor abscesses

Where and when

London

22-24 January 2019; Guy's Hospital

19-21 March 2019; Guy's Hospital

11-13 June 2019; Guy's Hospital

2-4 October 2019; TBA

PDUK eLearning course

Minor injuries for pharmacists
See page 19 for details

AR10 MINOR SURGICAL PROCEDURES

1 day = 7 hours' CPD £215

This workshop will provide you with basic instruction in common minor surgical techniques used in minor injuries units, general practice, urgent care and walk in centres. The emphasis is on emergency wound care. Hands on participation is encouraged, fostering your competence in developing these skills for use in the workplace

What's included

- Principles of analgesia.
- Wound assessment, closure & management
 - Basic suturing technique/practice
 - Application of topical skin adhesive
- Common surgical procedures
 - Incision and drainage of an abscess
 - Paronychia management
 - Release of subungual haematoma
 - Digital block-fracture reduction
 - Management of ingrown toenails
 - Foreign body removal

Where and when London

24 January 2019: Guy's Hospital
21 March 2019: Guy's Hospital
13 June 2019: Guy's Hospital
4 October 2019: TBA

AR68- UNDERSTANDING HEAD INJURIES

1 day = 7 hours' CPD £175

This course goes beyond the basics and looks at head injury in more depth. Learn what happens when a head injury occurs; gain a better understanding as to causes and forms of head injury and reasons behind clinical features of raised intracranial pressure. An important skill for all first contact practitioners.

What's included

- Specific class requests
- Applied neuro anatomy
- MOI
- Forms of injury
- Intra cranial pressure
- An introduction to patient examination
- Clinical features
- Guidelines
- Guide to further study

Where and when London

14 June 2019: Guy's Hospital

**Also available:
PDUK eLearning course
Assessing minor head injuries:
an introduction
See page 19 for further details**

The CPD Standards Office
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Quality Assurance
Hands-on workshop: maximum
student to trainer ratio 12:1

P17 MINOR INJURIES IN CHILDREN (FROM 1 TO 18 YEARS OF AGE)

1 day = 7 hours' CPD £175

This course has been designed for the experienced ENP. It builds on your existing knowledge of minor injuries and extends it to cover care for children aged between 1 and 18 years. It is an invaluable study day to develop your confidence and skills with paediatric injuries seen in first-contact settings.

What's included

- Paediatric history taking: a developmental approach
- Skeletal development in children, normal and abnormal patterns
- Upper limb: soft tissue and bony injuries, patterns of injury and healing
- Lower limb injuries: soft tissue and bony injuries, patterns of injury and healing

Note –attendees are encouraged to share x-rays and case studies with the group.

Where and when

London

26 June 2019: Guy's Hospital

What the professionals say about PDUK

"The facilitator was very effective, he made us think."

Also available:
PDUK eLearning course
Paediatric minor injuries:
an introduction
See page 19 for further details.

P49 SPORTS INJURIES IN 8-18 YEAR OLDS

2 days = 14 hours' CPD £300

This evidence-based, hands-on interactive course covers the physiological principles and practical considerations for assessing and managing common sports injuries in the school aged child, adolescent and teenage patient. Participants will have the opportunity to apply these theoretical and practical concepts and techniques throughout the two days. This will boost their confidence in the recognition, differentiation, diagnosis, management and return-to-sport guidelines of common sports-related injuries.

What's included

- Review of basic MSK anatomy.
- Physiological principles underpinning sports injuries, including healing and tissue response to loading.
- Prevalence, definitions, classifications of injury
- Lower limb assessment including mechanism of injury, hands on practice, treatments and management
- Head and neck injuries
- Upper limb assessment including mechanism of injury, hands on practice, treatments and management
- Rehab and return to play

Where and when

London

25-26 April 2019
Guy's Hospital

Quality Assurance
Hands-on
workshop:
maximum
student to trainer
ratio 12:1

AR07 X-RAY INTERPRETATION OF MINOR INJURIES

(INCLUDES RED DOT)

1 day = 7 hours' CPD £175

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This workshop is underpinned by linking clinical presentation with relevant anatomy and principles of x-ray interpretation. Patient assessment, radiographic referral, interpretation and treatment for minor injuries are all included.

Who should attend

Practitioners should ideally be working in an environment where x-ray interpretation is part of their role but it may be suitable for practitioners making referrals for x-rays at another location. Clinical areas include minor injury units, A&E departments, out of hour's services and walk-in centres.

What's included

- Legal & professional issues
- Principles of normal and abnormal appearances of bone, soft tissues and joint appearances on x-rays
- Paediatric considerations
- ABCS principles
- Red Dot principles
- History taking & mechanism of injury
- X-ray referrals
- Upper limb x-ray interpretation
- Lower limb x-ray interpretation
- X-ray interpretation quiz

Where and when

London

21 June 2019
Guy's Hospital

A67- BLOOD RESULTS: AN INTRODUCTION TO BASIC HAEMATOLOGY AND BIOCHEMISTRY INVESTIGATIONS

1 day = 8 hours' CPD £175

This study day provides a firm foundation for understanding essential blood results. An ideal first course or basic refresher.

What's included

Haematology

- The full blood count- an overview
- Red blood cell count/ haemoglobin & anaemia/haematocrit/ platelets/ red cell indices/ESR/
- White cell count/differential
- Coagulation tests including prothrombin time, INR and d-dimers
- Case studies

Biochemistry

- U &E's / eGFR
- Glucose and HbA1c
- Cardiac enzymes/lipids
- Liver function tests
- Case studies

Where and when

London

25 June 2019: Guy's Hospital

All scheduled
courses can also
be delivered
in-house

AR94 RECOGNISING AND MANAGING ACUTE SKIN CONDITIONS IN PRIMARY CARE

1 day = 7 hours' CPD £175

Designed for practitioners who need to improve their skills in assessing and managing acute skin conditions. Dermatological conditions are commonly seen in primary care but health care practitioners are often challenged by even the most common presentations. This course will give you more confidence in assessing and safely managing these conditions.

What's included

- Principles of dermatological assessment
- Common acute skin problems: diagnosis, differentials and management (e.g. bacterial, fungal and viral infections)
- When chronic skin conditions become acute, recognition and treatment.
- Assessment of skin lesions (benign lesions and skin cancers)
- Dermatological emergencies.

Where and when London

10 May 2019: Guy's Hospital

**Also available:
PDUK eLearning
course
Skin Infections**

**See page 19 for
further details.**

A107- GUIDE TO COMPLEX WOUND CARE

1 day = 7 hours' CPD £175

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Assessing and managing complicated wounds can challenge even the most experienced practitioners. Both community and hospital staff will benefit from this course, which will improve your confidence and skills when caring for patients with difficult wound presentations.

What's included

- Pathophysiology of complicated wounds:
 - chronic non-healing wounds;
 - fungating wounds.
- Wound assessment.
- Evidence-based management, including:
 - wound cleansing;
 - dressing selection;
 - negative wound pressure therapy.
- Practice scenarios.

Where and when London

12 June 2019: Guy's Hospital

What the professionals say about PDUK

"This has been the fourth consecutive year that we have used PDUK for nurse and HCA CPD. We have consistently found them to be well organised, easy to work with and professional in all respects. Their courses are of the highest standard and have always been relevant to practice."

Nurse Manager & Education Lead, Kent

AR76- OPHTHALMIC PRACTICE IN PRIMARY CARE

1 day = 8 hours' CPD £175

This study day will put you up to speed on your essential ophthalmology skills. It is aimed at practitioners who work in primary, emergency and urgent care settings and will appeal to nurses and allied health professionals.

What's included

- Anatomy of the eye
- Ophthalmic history taking including red flags
- Ophthalmologic examination including vision testing and external ocular assessment.
- Fluorescein staining, eyelid eversion, foreign body removal.
- Spotting emergent and sight threatening eye conditions
- Identification and management of common presentations including red eye and painful eye

Where and when London

20 June 2019; Guy's Hospital

A86 CONTRACEPTION AND SEXUAL HEALTH WORKSHOP FOR THE PRIMARY CARE PRACTITIONER

2 days = 14 hours' CPD £300

This course had been designed to give participants an overview of the current methods of fertility control and the risks and benefits of different methods. The course will prepare clinicians to support appropriately qualified staff in monitoring women taking hormonal contraception and giving basic advice. Emergency contraception choices will also be discussed.

What's included

- Oral methods of contraception
- Long acting reversible contraception
- Barrier and natural contraception methods
- Emergency contraception
- Working with young people, sex and the law
- Contraception for women over 40
- Post natal contraception
- Contraception services & Patient Group Directions: What's out there
- Sexually transmitted infections an overview
- Chlamydia screening
- Practical session contraceptive workstations
- Discussion and evaluation

Where and when London

2-3 May 2019;
Guy's Hospital
3-4 October 2019;
UCH Education
Centre

Also available:
iPDUK eLearning course
Essential Ophthalmic Assessment
in Primary Care
See pages 19 for further details

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A80 GYNAE CORE SKILLS FOR FIRST CONTACT PRACTITIONERS

1 day = 7 hours' CPD £175

This interactive one-day course is targeted at primary care practitioners involved in the management of and referral decisions for women presenting with gynaecological issues.

What's included

- Review of anatomy and physiology of the female pelvic organs
- Overview of common gynaecological disorders
- Physical assessment, including:
 - Pelvic assessment
 - Bimanual exam
 - Speculum examination
 - Taking triple swabs
 - Assessing pelvic organ prolapse
 - Removal of foreign bodies.
- Diagnosis and management of common gynaecological disorders including PCOS, PID, endometriosis, adhesions, gynaecological cancer
- Managing common sexually transmitted infections
- Overview of emergency contraception: case scenario approach
- Fraser guidelines explored

Where and when

London

26 June 2019; Guy's Hospital

**Also available:
iPDUK eLearning course
Emergency contraception update
See page 19 for further details**

What the professionals say about PDUK

"The tutor was very clear, friendly, professional and knowledgeable. She easily switched between what was planned and other questions asked"

Walk in Centre Nurse, London

AR126 RAPE AND SEXUAL ASSAULT: A VICTIM-CENTRED APPROACH

1 day = 7 hours' CPD £175

Victims of rape and sexual assault may also be unfortunate enough to encounter disbelief and 'victim blaming' from those who think they 'asked for it', for example, by behaving or dressing in a certain way.

This course addresses those misconceptions and considers a new approach for health professionals involved in their care, which incorporates the psychological, physical and forensic issues arising when caring for these patients. Confidentiality, consent and police involvement are closely examined with consideration to the legal and ethical tenets before identifying clear referral pathways. The role of Sexual Assault Referral Centres as a primary care pathway is discussed.

Attendance at this course will help clinicians to understand how prioritising the needs of the victim can improve both the immediate care and the long-term outcomes for these vulnerable patients.

What's included

- Identifying the problem: prevalence and long-term effect of rape and sexual assault
- Misconceptions and misinformation
- Legal tenets: Sexual Offences Act 2003
- Response to trauma and coping strategies
- Case study: unravelling the problem
- Ethical issues: police, confidentiality and disclosure without consent. Serious Crime Act 2015
- The role of the health professional
- Sexual Assault Referral Centres
- Other care pathways
- Self-care planning

Where and when

London

3 July 2019; UCH Education Centre

A83 DIABETES CARE IN GENERAL PRACTICE

1 day = 7 hours' CPD £175

This course is an excellent practical guide for practitioners who will be working with chronic disease and require grounding in assessment and current management trends for the patient with diabetes..

What's included

- Diabetes- epidemiology- a global and national perspective.
- Understanding diabetes
 - How do we maintain blood glucose
 - Classification of diabetes with emphasis on type 1 and 2
 - Patho-physiology of diabetes
- Diagnosis of diabetes
 - Clinical signs and symptoms
 - Risk factors such as obesity
 - Diagnostic criteria
 - Understanding test results
- Complications associated with diabetes
 - Recognising and managing Hypo
 - Hyperglycaemia
 - Neuropathy
 - Nephropathy
 - Retinopathy
 - Risks of CVD
- Management of diabetes
 - Medicine and lifestyle management
 - Overview of insulin regimes
 - Driving
 - Employment
 - Empowerment model of care: The Alphabet Strategy
 - Concordance
- Diabetic emergencies- identification and immediate management. Case scenarios
- Review of national guidelines and key studies.

**Where and when
London**

11 June 2019: Guy's Hospital

A116- THE PATIENT WITH CHRONIC RESPIRATORY DISEASE: ASSESSMENT AND CARE ESSENTIALS IN THE COMMUNITY

1 day = 8 hours' CPD £175

This workshop has been designed to help health care practitioners develop their knowledge and exploratory skills of respiratory problems. The focus will be on assessment, planning relevant care and supporting the adult patient in the community.

Who should attend

Registered community health care practitioners who work with adult patients with diagnosed respiratory conditions.

What's included

- Impact of respiratory disease
- Differential diagnosis – Acute vs. chronic
- History taking and physical examination of the chest
- Pulse oximetry/ FEV1 technique and interpretation
- Types of inhaler devices use and technique
- Management of end stage respiratory disease /breathlessness
- Coping strategies
- Useful drugs
- Care pathways
- Case history and review

**Where and when
London**

19 June 2019: Guy's Hospital

Agg- NMP ESSENTIALS FOR COMMON LONG TERM CONDITIONS

1 day = 8 hours' CPD £175

This course will review essential prescribing practice for a range of common long term conditions (LTCs) including COPD, chronic heart failure, renal disease and diabetes.

What's included

Interactive learning is a key feature of this course. You will look at case studies and real situations that have been encountered.

The day will start with establishing your familiarity with the following principles which will be used in the case studies.

- An understanding of what medicines optimisation means and how this plays an important role in each of the conditions.
- What is a medication review and the different levels of medicines reviews.
- How often should you review a patient's medication
- What is medicines reconciliation and why this is particularly important in long term conditions.
- Why is patient experience and involvement essential
- Consider drug –drug interactions when prescribing new medicines
- Be aware of black triangle medicines

Renal Disease

- Renal disease: stages and monitoring of the disease.
- Prescribing and dose alterations for different stages.
- Acute kidney injury (AKI) including prevention and awareness of medications that often place patients at risk.
- The importance of hydration

COPD

- Which inhalers and when to prescribe.
- Prescribing other oral medicines in COPD; what is the evidence.
- Prescribing in advance of exacerbation including patient education.
- High dose steroid cards.

Chronic Heart Failure

- A brief overview of the medicines prescribed in CHF
- Maximising doses in chronic heart failure
- How to manage side effects including medication alterations.

Diabetes

- When to treat type II diabetes
- Current prescribing guideline recommendations
- Insulin and its management
- Blood glucose monitoring – when, why and is it necessary?
- Risk factors and prescribing preventative medicines.
- Practical problems such as:
 - Diabetes treatment and the patient fasting for religious reasons
 - Hypoglycaemic attacks: patient or partner recognition.
 - Long distance flights and time changes: how and when to take diabetes medication.

Where and when London

18 June 2019: Guy's Hospital

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AR124 ANNUAL NMP V300 UPDATE COURSE

1 day = 8 hours' CPD £175

This one-day interactive generic course is ideal for all non-medical prescribers (NMP) with a recorded prescribing qualification (V300) who are working within the NMP role. Completion of the course fulfils the requirement for NMPs to demonstrate ongoing CPD by updating their qualification annually.

Who should attend?

All NMPs with a V300, including nurses, physiotherapists, radiographers, pharmacists, optometrists, podiatrists, midwives and paramedics.

- NMPs are required to attend an annual NMP update. This course meets these requirements.

What's included

- Discuss current NMP updates and clinical governance;
- Examine current laws and legislation related to independent and supplementary prescribing;
- Discuss medico-legal issues and relate this to NMP clinical practice;
- Critically discuss practical and ethical issues in prescribing;
- Discuss common pitfalls in prescribing and prescribing errors;
- Examine adverse drug reactions and how to reduce errors;
- Discuss prescribing support resources;
- Assess clinical decision-making skills in relation to evidence-based practice.

Where and when

London

22 May 2019:

Guy's Hospital

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AR108- TELEPHONE TRIAGE: CORE SKILLS

1 day = 8 hours' CPD £150

This interactive study day provides participants with practical tools and techniques to conduct safe and effective telephone triage. The programme is flexible and can be adapted to workplace requirements.

What's included

- Why telephone triage, pros and cons
- Managing a triage call, including
 - Establishing a helpful relationship and active listening.
 - Different questioning techniques
 - Structuring the call
 - Dos and don'ts
- Legal implications, including documentation.
- Overview of common triage calls- covering main body systems: a problem-based approach
- Case scenario practice covering minor and major ailments and long term health conditions as required by participant's area of practice.
- Support systems; principles of writing protocols, audit and a discussion of what is needed in individual areas.

Where and when

London

9 May 2019: Guy's Hospital

What the professionals say about PDUK

"The tutor was able to adapt to the group's learning needs and integrate these into the course"

IH02 PAEDIATRIC EXAMINATION MADE EASY

3 days = 21 hours' CPD £450

This programme has been designed to provide attendees with the basic tools for taking a child focused history and performing a physical examination on the ENT, cardiac, respiratory and abdominal systems. An essential for competent paediatric assessment.

What's included

- History taking & physical exam techniques/anatomical & physiological differences in paediatrics
- Examining the skin
- ENT/lymphatic examination/practice
- Respiratory assessment/practice
- Cardiac assessment/practice.
- Abdominal examination/practice
- Test out demonstration
- Practice, practice, practice
- Test outs

Where and when

London

8-10 May 2019; Guy's Hospital

The CPD Standards Office
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Quality Assurance
Hands-on
workshop:
maximum
student to trainer
ratio 12:1

P01 PAEDIATRIC MINOR ILLNESS

3 days = 21 hours' CPD £470



A power-packed course that concentrates on childhood minor illnesses from infancy to the late teens. Ideal for the practitioner who is confident with basic assessment skills and wants to explore a variety of paediatric conditions in an evidence-based context. A chance to share your experience and build on your expertise.

What's included

- Age-appropriate history taking and physical exam techniques
- Anatomical and physiological differences in children
- Recognition of the ill child
- The febrile child
- Skin problems
- ENT conditions
- Abdominal complaints
- Respiratory problems
- Eye complaints
- Reinforcers

Where and when

London

27 February- 1 March 2019;

Guy's Hospital

10-12 July 2019; UCH Education Centre

Note: Course pre-requisite-competency in history taking and physical examination skills.

iPDUK eLearning
course **Free**
taster: The
First Steps in
Recognising the
Acutely Ill Child
See pages 18 for
further details

P48- PRACTICAL SKILLS FOR ASSESSING THE ILL CHILD

2 days = 14 hours' CPD £295

This hands-on course covers all the basic skills needed for assessing common childhood complaints. Besides practising history taking and examination skills for the ENT and respiratory systems, delegates will build on their knowledge to make diagnoses and management decisions.

What's included

- Age appropriate history taking and physical examination techniques.
- Recognition of the ill child.
- The febrile child.
- ENT/lymphatic examination and practice.
- ENT-related presentations (e.g. OM, sore throat).
- Respiratory assessment and practice.
- Respiratory-related presentations including upper versus lower respiratory tract infections, bronchiolitis and pneumonia.

Where and when London

5-6 June 2019;
Novotel Liverpool Centre

*"The lecturer was clear and concise."
Paramedic Urgent Care London*

**Also available:
iPDUK eLearning
course
Asthma in
childhood: the
essentials
See pages 19 for
further details**

P53 THE DETERIORATING CHILD 1 day = 7 hours' CPD £175

This course is ideal for clinicians at all levels who are required to assess and manage paediatric patients in emergency, urgent, acute and primary care settings.

It is designed to help health professionals understand the anatomy, physiology and pathophysiology of very sick children who are well compensated. These paediatric patients may appear haemodynamically stable for protracted periods before sudden, rapid, catastrophic collapse. The course will give clinicians the tools to apply a structured patient assessment, enabling them to safely identify and manage patients who are most at risk.

What's included

- How to approach the paediatric patient and associated risks.
- Anatomical, physiological and pathophysiological differences:
 - airway;
 - breathing (including recognition of respiratory sounds and grunting);
 - circulation;
 - other considerations.
- 'Blind' initial assessment of the paediatric patient: an 'across the room' approach.
- Indicators for respiratory and circulatory distress versus failure in the paediatric patient.
- The role of oxygen and glucose in aerobic and anaerobic paediatric respiration and applying this to recognising the decompensating paediatric patient.
- Warm and cold shock.
- The purpuric rash, recognition and management.
- History of conception, pregnancy, labour and birth in identification of additional paediatric risk factors.
- Prematurity and low birth weight as risk factors for morbidity.
- Respiratory distress syndrome and chronic lung conditions in paediatrics.
- Bronchiolitis and bronchopulmonary dysplasia.
- Paediatric necrotising enterocolitis: risk factors and recognition.
- NICE traffic light system for identifying risk of serious illness in paediatrics.

London
10 May 2019; Guy's Hospital

P45- SIX-EIGHT WEEK BABY CHECK

2 days = 14 hours' CPD £300

This course will prepare those of you planning on offering the 8 week infant check as part of your primary care service. It is informed by the examination requirements as outlined by Public Health England and lays the foundations towards developing competency in the work place.

What's included

- Brief review of national standards
- Taking a screening history
- Physical examination techniques
- Assessment of HENT and eyes
- Skin assessment
- Respiratory assessment
- Cardiac assessment
- Abdominal assessment including male and female genitalia
- Detection of developmental dysplasia of the hip (DDH)
- Neurological assessment
- Infectious disease
- Putting it all together

Where and when London

30 April- 1 May 2019: Guy's Hospital

Quality assurance Hands-on workshop: maximum student to trainer ratio 12:1.

The CPD Standards Office
INDEPENDENTLY ACCREDITED CPD
www.cpdstandards.com



All scheduled courses can also be delivered in-house

"Really like the take-home workbook."
Health Visitor
Brighton

IH79 EXAMINATION OF THE NEWBORN

2 days = 16 hours' CPD £300

This course will help you meet the newborn history taking and physical examination requirements as set out by Public Health England's Newborn and Infant Screening Guidelines. All the essential examinations are covered along with guidance on completing workplace competency.

Who should attend?

- Midwives
- ANPS

What's included

- The newborn, infant physical examination programme. (NIPE)
- Taking a screening history
- Physical examination techniques
- Assessment of HENT, skin and eyes
- Respiratory assessment
- Cardiac assessment
- Abdominal assessment including male and female genitalia/anus
- Neurological assessment
- Musculoskeletal assessment including detection of developmental dysplasia of the hip (DDH)
- Documentation

Where and when London

19-20 June 2019: Guy's Hospital

Quality assurance Hands-on workshop: maximum student to trainer ratio 12:1.



RCN Accreditation does not guarantee clinical competence. This must be developed in the workplace. The course is not a replacement for full patient assessment training.



Get your CPD up to speed today ~ PDUK's online CPD courses put you on the fast track to career success

Go online and connect to the career-boosting opportunities that PDUK's eLearning courses provide. Our collection of online courses at www.pduk.net includes new CPD options to help you gain professionally recognised qualifications and get ahead in your career.

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FREE COURSE!
THE FIRST STEPS IN RECOGNISING THE ACUTELY ILL CHILD
30 minutes' CPD

Dr Debra Sharu explains how to assess the severity of illness in the sick child. This course covers common symptoms and the diagnostic examination methods with which to study them. It provides a firm foundation from which practitioners can develop their skills and confidence.

About the author

Dr Debra Sharu DPhil, ANP, RSCN, has worked as a practising clinician and educator in the USA and the UK for more than 30 years. As a former senior lecturer on the RCN Nurse Practitioner programme she helped pioneer the advanced practitioner role in the United Kingdom.

EMERGENCY CONTRACEPTION UPDATE *New course*

2.5 hours CPD £32.00

Liz Sherlock's course gives an overview of emergency contraception and its practical application, based on guidance from the Faculty of Sexual & Reproductive Healthcare (FSRH). This PDUK programme will equip practitioners with the knowledge to facilitate a woman's choice of emergency contraception and counsel on the efficacy of the various options, plus how to prevent future unplanned pregnancies. Areas covered include the common side effects and interactions of all methods of emergency contraception.

MINOR INJURIES FOR PHARMACISTS

New course

2.5 hours CPD £32.00

This course will give pharmacists an understanding of minor injuries, including the assessment of burns, the different types of wounds and minor musculoskeletal injuries. By the end of the session, practitioners should be confident in assessing what first aid is necessary for each of the above presentations. You'll also learn when to refer on to a medical healthcare professional for further assessment and treatment.

ASTHMA IN CHILDHOOD: THE ESSENTIALS

New course

3.5 hours CPD £38.00

This course for nurses and allied health professionals explains the initial skills needed to identify a child with asthma. Students will learn about lung function, how to treat an asthmatic episode and how to recognise and manage issues around triggers. The correct use of inhaler devices and medication compliance will also be reviewed.

IMMUNISATION UPDATE FOR HEALTH CARE

ASSISTANTS New course

1.5 hours CPD £23.00

This course covers adult immunisations, medicine management and relevant legal and professional issues. It is intended for HCAs who have completed their initial immunisation training. This course is in line with the revised Health Protection Agency national minimum standards for immunisation training.

IMMUNISATION UPDATE (Complies with the Public Health England National Minimum Standards for Immunisation Training.)

1.5 hours' CPD £23.00

Liz Sherlock covers immunisation for adults and children, as well as the legal and professional issues surrounding immunisation. Suitable for

practitioners who are qualified to immunise and already do so, this course is designed to help you meet yearly update CPD requirements.

ASSESSING MINOR HEAD INJURIES: AN INTRODUCTION

2.5 hours' CPD £32.00

David Bradley draws on his many years of experience in A&E to explain how to assess patients who may have suffered a minor head injury. Besides learning which common signs and symptoms to look out for, you'll study the skills and physical examinations that will enable you to start effectively managing minor head injuries.

PAEDIATRIC MINOR INJURIES: AN INTRODUCTION

2.5 hours' CPD £32.00

Lorrie Lawton explains how to assess and manage some of the most common paediatric minor injuries seen in Urgent Care, Minor Injury Units and Emergency Departments. This course provides a brief overview of minor injuries commonly presented in children, including the fundamentals of history taking and documentation, examination techniques, management of foreign bodies and the most common minor injuries including burns, head, face and hand injuries.

ESSENTIAL OPHTHALMIC ASSESSMENT IN PRIMARY CARE

2.5 hours' CPD £32.00

Margaret Gurney's course for primary care health professionals provides a basic understanding of the eye, its function and the assessment of common sight- and non- sight-threatening eye problems

SKIN INFECTIONS

2.5 hours' CPD £32.00

Rebecca Davis introduces common bacterial, viral and fungal skin conditions and investigates the main causative agents, including those from the staph, herpes and tinea groups.

DEMENTIA: UNDERSTANDING AND DEALING WITH CHALLENGING BEHAVIOURS

2.5 hours' CPD £32.00

Jane Gordon examines the most common forms of challenging behaviour seen in patients with dementia. You'll learn about the causes of this behaviour and ways in which you can attempt to prevent and manage it. With real-life case studies to help you put what you have learnt into practice, this iPDUK programme is suitable for practitioners who have some experience of dealing with patients with dementia.



IN-HOUSE COURSES

Treat your team to targeted CPD healthcare training

**Choose what, when, where and how your staff learn
We'll compile a training programme specifically for your
staff at a time and place to suit you**

From our customers' feedback, we know that PDUK's in-house events can be transformational for teams of healthcare professionals.

Our training courses offer a supportive environment in which groups of staff can explore fresh ideas and express themselves freely. Without exception, we've found that learning together boosts the team dynamic and helps individuals develop their confidence and competence. Back on the job, all your staff – from nurses to doctors and pharmacists to midwives – will be motivated to give their patients the best possible care.

Tell us what your perfect in-house course looks like and we'll create a programme that will boost your staff's knowledge and help them raise their skills to the next level. Enhanced job satisfaction is par for the course. Our expert practitioners will devise a course to address the precise needs of your staff or produce a bespoke solution if you prefer. What's more, we'll deliver it at a destination of your choice.

(The beauty of in-house training is that you're guaranteed to get the course you

want. All our in-house training solutions are commissioned by employers like you. What we do works for their staff and it will work for yours, too.)

Why PDUK courses make healthcare professionals raise their game

We've been there, done that and got better. Every. Single. Time. Our comprehensive portfolio of more than 300 healthcare courses is the result of more than a decade of combined professional expertise, knowledge and reflection. Every course we run helps us to fine-tune our formula and provide exactly what you want from CPD. We only use erudite, expert tutors. Working on the frontline of healthcare services means our clinicians have the insight to help others to excel. By imparting their knowledge and expertise, our tutors will help your staff keep abreast of the latest medical developments and raise standards in your organisation.

Our courses are superb value for money. Make your investment work harder by commissioning a course for a group of staff (we charge by the event rather than the number of delegates).

Choosing PDUK for your healthcare CPD is as easy as ABC because...

Achieving clinical excellence is our goal. Every course we devise draws on our many years of experience, current

practice and future aspirations. To enable your staff to build on their knowledge and skills, we create effective learning solutions based on topical educational content. By using relevant case studies and real-life situations, our expert tutors bring their subjects to life.

Better courses are good for everyone. Our customers tell us we're doing a great job and we're committed to providing this essential service. Top-quality CPD helps to raise standards in healthcare and our reputation for promoting advanced practice within healthcare training today speaks for itself.

Continuous professional development is in our blood. After more than a decade of training thousands of healthcare providers, Practitioner Development UK is ideally placed to refine and improve our range of workshops and seminars. Have a look at our programme of more than 300 courses to see what we can offer you. Alternatively, we can design a unique package especially for your team.

PDUK: advanced practice CPD for healthcare professionals

PDUK works with the NHS and the public and private healthcare sectors, both within the UK and abroad. We train health professionals from nurses (advanced practice, community, hospital and general) to healthcare assistants, health visitors, pharmacists, physiotherapists, paramedics,

podiatrists, midwives, radiographers and doctors (from juniors to consultants). Take action to boost your CPD today. Choose from the courses listed in this brochure and on our website (www.pduk.net) or get in touch if you'd like us to design a programme specifically for your organisation.

Here's a selection of our courses:

- PERSONAL RESILIENCE STRATEGIES FOR NHS STAFF
- CHILD PROTECTION & IMAGING FOR DIAGNOSTIC RADIOGRAPHERS AND ALLIED HEALTHCARE PROFESSIONALS
- GETTING TO GRIPS WITH MENTAL HEALTH
- THE NUTS & BOLTS OF HEAD AND SPORTS INJURIES
- IV THERAPY AND BLOOD ADMINISTRATION WORKSHOP
- ADVANCED ECG SKILLS AND ARRHYTHMIA INTERPRETATION
- OPHTHALMOLOGY BASICS FOR COMMUNITY NURSES: THE OLDER OR CHRONICALLY ILL PATIENT

Save money on your terms. If there are extra places available on your course, you can team up with other local healthcare providers to share the costs. There is no minimum number of students per course, but we cap numbers for optimum learning.

There are no hidden extras. The cost of the course includes all tutor expenses, course materials, specified equipment and certificates. Prices vary according to the programme you choose. For a quote, call us on 02392 501428.

We're here to help. Simply contact us, explain what you want and we will give you a quote, a course programme and a 'no obligation' proposal outlining terms and conditions.

For more information, visit www.pduk.net or call 023 9250 1428

For a full list of our in-house programmes go to www.pduk.net

A106- LEG ULCERS: ESSENTIAL CARE GUIDE

1 day = 7 hours' CPD

This course focuses on enabling both community and hospital staff to assess and manage patients with leg ulcers of differing aetiologies with confidence and skill.

What's included

- Pathophysiology of the complicated wounds:
 - venous leg ulcers;
 - arterial leg ulcers.
 - Wound assessment, including:
 - theory of ankle/brachial resting pressure index (ABPI);
 - assessment of circulation and of the lower leg.
 - Management of wounds, including:
 - evidence-based guidance on wound cleansing and dressing selection;
 - compression therapy theory.
- Practice scenarios

IH87 The ABC OF ECGS

1 day = 8 hours' CPD

This course provides the community-based practitioner with a practical step-by-step review of ECG interpretation. The emphasis is on understanding the basis of ECG interpretation, clinical pearls and potentially life-threatening problems.

What's included

- The physiologic basis of the ECG
- How to record a 12 Lead ECG.
- A step by step guide to reading an ECG.
- ECG interpretation and cardiac axis-
What is normal?
 - ECG interpretation- Common abnormal findings- to include:
 - Acute Myocardial Infarction and Ischaemia
 - Sinus and atrial rhythm abnormalities
 - Ventricular rhythm abnormalities,
 - Disorders of conduction
 - Bundle branch blocks

Unknown test cases and participant questions are an integral part of this programme

P33 CONTRACEPTION AND SEXUAL HEALTH WORKSHOP FOR STAFF WORKING WITH SEXUALLY ACTIVE YOUNG PEOPLE

1 day = 7 hours' CPD

This one-day course aims to give an overview of contraception and sexual health in relation to young people's lifestyles and needs. Participants will gain an overview of the current methods of contraception and of sexual health issues in relation to young people.

Safeguarding issues to include sex and the law, sexual exploitation, trafficking and safe internet use will also be discussed.

What's included

- Contraception an overview
- What influences choice of contraceptive method
- Emergency contraception
- Working with young people, sex and the law
- Sexually transmitted infections; an overview to include chlamydia screening
- Safeguarding issues, sexual exploitation and bullying, trafficking, staying safe on line.
- Discussion and evaluation

P54 REVIEW AND REFRESH YOUR NEWBORN SCREENING SKILLS

1 day = 7 hours' CPD

In line with Public Health England's newborn and infant physical examination (NIPE) screening recommendations, this review course provides both theoretical and hands-on practise for practitioners who need to refresh their skills. With a focus on the four examination screening elements, validation of normality and detection of the abnormal is a key part of the day.

Who should attend

- Practitioners who have completed an accredited neonatal examination course and require a yearly update.
- Practitioners who would like to refine their current skills

What's included

- Review of the newborn infant physical examination programme (NIPE)
- Skill builders:
 - Screening history
 - Assessment of HENT, skin and eyes
 - Respiratory assessment
 - Cardiac assessment
 - Abdominal assessment including male and female genitalia/anus
 - Neurological assessment
 - Musculoskeletal assessment including detection of developmental dysplasia of the hip (DDH)

AR125 IMPROVE YOUR CLINICAL SKILLS SUPERVISION

2 days = 14 hours' CPD

This course will equip clinical supervisors to enable supervisees to reflect on and review their practice, discuss individual cases in depth, improve their practice and identify training and continuing development needs. It may incorporate professional supervision if supervision is being carried out by another member of the same profession or group. In these cases, we will look at effective ways to review professional standards, keep up to date with professional developments and work within professional codes of conduct, recognising and implementing boundaries.

What's included

- Introductions, including hopes and concerns, sharing experiences and understanding of clinical skills (CS)
- Definitions and purpose of CS, including what it is NOT
- Models of CS; best ways to implement CS, including practical methods, ie one-to-one and group settings
- Roles and responsibilities, including NMC accountability and the law; confidentiality and disclosure
- Documentation: practical considerations
- Learning styles
- Group dynamics
- Developing skills (e.g. open questions: ask, share, ask) and confidence-building methods
- Skills practice

IH107 END OF LIFE AND BREAKING BAD NEWS

1 day = 8 hours' CPD

Devised for health professionals involved in caring for end-of-life patients in the community, this course aims to help clinicians understand the ethical and legal dilemmas underpinning such care.

The course examines how to differentiate between the last few days of life and imminent death. Also addressed is anticipatory prescribing in conjunction with the clinical decision making required to support effective symptom management. These areas enable clinicians to support patients and families in upholding their wishes, comfort, dignity and beliefs at this most sensitive and vulnerable time.

What's included

Morning: end-of-life care

- End-of-life care and dying with dignity.
- Symptoms associated with the last few days of life.
- Pharmacological management of pain, breathlessness, nausea, vomiting, anxiety, delirium, agitation and secretion management.
- Factors associated with imminent death syndrome.
- Cheyne-Stokes breathing, terminal secretions, confusion versus terminal delirium.
- Anticipatory prescribing, patient group directions, patient specific directions, administration, use and abuse
- Support for self and others

Afternoon: breaking bad news

- What is bad news? An evidence based approach.
- The implications of Article 8 of the European Convention on Human Rights and the Data Protection Act 2018 when breaking bad news.
- Understanding the complexity of breaking bad news and the implications of poor communication and misunderstanding.
- Discussion regarding honesty versus protection when breaking bad news: what do patients want?
- A structure for delivery.
- Bringing it all together.
- Support for self and others.



P51 CHILD PROTECTION & IMAGING FOR DIAGNOSTIC RADIOGRAPHERS AND ALLIED HEALTHCARE PROFESSIONALS

1 day = 7 hours' CPD

This short course has been designed to provide an understanding of current guidance relating to child protection, types of suspected abuse and responsibilities of healthcare professionals for imaging, recording and the identification and preservation of forensic evidence.

Who should attend:

- Diagnostic radiographers
- Allied healthcare professionals
- Multi-agency partners

What's included

- Principles of safeguarding and guidelines
- Understanding types of abuse and neglect
- Normal childhood development
- Signs of abuse (physical and radiological)
- Systematic radiographic examination for suspected physical abuse
- Understanding about inter professional working, disclosure, confidentiality and sharing information
- Professionally relevant core and image specific information.

AR123 PERSONAL RESILIENCE STRATEGIES FOR NHS STAFF

1 day = 7 hours' CPD

This one-day course is designed to help NHS staff manage stress, develop personal skills and improve their self-esteem and confidence. Participants will learn techniques to enable them to communicate effectively with patients and colleagues in challenging situations. We'll also be looking at how to stop worrying about things that can't be changed.

What's included

- Know yourself and be aware of how you react to colleagues and situations.
- Improve your confidence and self esteem: accept that being good enough is good enough.
- Learn how to handle stress and conflict.
- Switch off: discover what works for you.
- Explore real-life NHS situations by practising communication techniques you can use at work.



A115 HELPING THE OLDER PERSON LIVE WELL FOR LONGER

2 days = 14 hours' CPD

This course is ideal for professionals who provide primary, acute and long-term care and support for older people. It focuses on holistic assessment and care planning to maximise independence and the timely identification of health issues which can lead to reduced functioning and increase frailty and vulnerability. A level of competence in the physical assessment of the cardiovascular, respiratory and musculoskeletal system is required.

What's included

- Review the impact of ageing: physical, cognitive and behavioural.
- Psychosocial change and how it affects wellbeing.
- Awareness of assessment tools (e.g. comprehensive geriatric assessment) to support decision making.
- Applying mental capacity assessment and best interest decision making to practice.
- History taking and assessment for frailty syndromes, with special consideration of:
 - Falls;
 - Immobility;
 - Delirium;
 - Incontinence;
 - Susceptibility to side-effects of medication.
- Advanced care planning:
 - Risk assessment and ageing;
 - Health education and prevention.

IH71 DEVELOPING YOUR X-RAY INTERPRETATION SKILLS

2 days = 16 hours' CPD

This course is ideal for practitioners with little or no experience in x-ray interpretation of minor injuries and those wanting to review their interpretation skills. It will help you and your practice give a more comprehensive service to your patients. The programme will provide a mix of theory and practice, linking patient presentation with underlying anatomy and radiographic principles. History taking & mechanism of injury will be taught throughout the course.

What's included

- Legal & professional issues including Red Dot/Red Star.
- X-ray referral process
- Principles of normal and abnormal appearances of bone, soft tissues and joints on x-rays.
- Introduction to bone tumours and other pathological processes affecting bone.
- Physiology of bone growth and fracture repair including untreated fractures.
- Fracture classification and description including the juvenile Salter & Harris classification.
- ABCs - principles of systematic x-ray interpretation.
- Clinical examination of upper limbs.
- Upper limb x-ray interpretation.
- Clinical examination of lower limbs
- Lower limb x-ray interpretation – knee and proximal femur; ankle, tibia and fibula; foot and toes.
- Pitfalls and unusual cases
- X-ray interpretation quiz
- Assessment of facial injuries including onward referrals for x-rays

NB- course attendees are encouraged to bring interesting/unusual/difficult x-ray films for discussion.

USEFUL INFORMATION/ TERMS & CONDITIONS

Scheduled course times & fees

Courses usually run from 10:00am- 16:30pm. Timings will be confirmed in your course information pack, 2-3 weeks before the event. All fees are inclusive of standard UK VAT rates and include tuition, course material and certificate of completion. Our scheduled events include morning and afternoon refreshments. Accommodation is not included.

Booking discount

There is a 10% group-booking discount on PDUK scheduled courses. Bookings must be for groups of 4 or more attendees for the same event. All applications must be submitted at the same time. This discount does not apply with any other offer.

Booking a scheduled event

Bookings can be made over the telephone, or online through our website: www.pduk.net. Bookings are regarded as firm bookings and you are advised that once made you have entered into a contract. Provisional bookings are NOT accepted.

Payments

Employer or third party sponsored applications. - An invoice is raised once an application is processed. Payment is due within 30 days of issue. When available please quote purchase order numbers. It is strongly advised that funding be secured before booking a course. If an employer refuses to pay, the attendee is liable for full payment. Bookings made by self-pay candidates must be paid in full within 30 days of application or 4 weeks prior to the course commencing, whichever is soonest. Payment for courses can be split into two or three payments. This option is only open when agreed in advanced with PDUK. If you are interested in this option contact us on info@pduk.net or 02392501428. Course packs will not be posted until full payment is made.

Payment methods

Choosing the invoice option when booking

- Paying directly into our bank account, details as provided on the invoice. (Please use the invoice no. as payment reference).

**Practitioner Development
UK Ltd.**
Third Floor,
86-90 Paul Street
London
EC2A 4NE

Choosing the credit or debit card option when booking

- Credit or debit card payments can only be made online, in full, at the time of booking. Late payments will incur an additional 8% charge.

NOTE: Bank cheques are no longer accepted as a form of payment.

Cancellations received 5 weeks before the start of the course may be liable to a £15 cancellation fee. Cancellations received within 5 weeks of the event are liable for the full course fee. All cancellations must be made by email and will not be accepted by any other means. We are happy to accept a substitution candidate at no additional cost but do require their contact details. Full payment will be due from anyone who fails to attend.

Course changes

Practitioner Development UK reserves the right to change the venue, cancel a course or defer to a later date(s) at any time and without prior notice. Fees will be refunded in full should delegates not wish to attend the alternative date or in the event of a cancellation. Practitioner Development UK is not responsible for personal expenses incurred due to a cancelled event.

Travel & accommodation

We advise you NOT to book accommodation and travel until you have received your course information pack. This will be sent 2-3 weeks before the course commences. Practitioner Development UK will not reimburse these costs.

Purchasing E-learning

Payment for individuals must be made at the time of purchase via credit or debit card. All card transactions must be made online at www.pduk.net. If an invoice is required for a bulk purchase by an organisation, please contact us on info@pduk.net or call 02392 501428.

PRACTITIONER DEVELOPMENT UK LTD SPRING/SUMMER 2019

Our mission is to make healthcare better. We do this by improving the knowledge, skills and expertise of thousands of healthcare practitioners worldwide. PDUK's internationally renowned training courses are designed to help health professionals progress in their careers and achieve the highest standards in their working roles.

More than a decade ago, we pioneered advanced healthcare training in the UK with our very first course, which was RCN-accredited.

Since launching that course, we've developed our professional training programme to provide a comprehensive range of more than 300 courses. We refine and update all our programmes regularly in order to address the ever-changing needs of patients, practitioners and the health service. This attention to detail means we can provide the best healthcare CPD courses money can buy.

PDUK courses are professionally recognized Many of our courses are accredited by the RCN and the CPD Standards Office.

Revalidate your licence and maintain your CPD

All nurses who are registered with the Nursing and Midwifery Council are now required to revalidate their licenses (<http://revalidation.nmc.org.uk/>). This involves completing 35 hours of continuing professional development (CPD) over three years. Our fully certified flexible training solutions not only count towards this but also enhance your professional portfolio. Our courses also provide the CPD requirements of advanced nurse practitioners as well as other health professionals.

Improve the course of your career

Sign up for a PDUK training programme today and revalidate your professional qualifications

Keeping abreast of new developments

With constant advances in healthcare assessment and management options, it's vital for practitioners to be fully informed about current clinical developments and procedures. That's why we commission experienced clinicians who are dedicated to passing on their expertise to design and deliver all our programmes.

Simply the best Our role is to train healthcare professionals to do their jobs to the best of their abilities. We're here to help you ensure that your staff are among the most accomplished in their profession. Our targeted courses give health practitioners – from nurses to midwives, pharmacists, health visitors and doctors – the specialist knowledge and skills they need to progress at work. Our scheduled and in-house healthcare training courses in the UK and abroad are the best CPD money can buy. When you train with PDUK, we help you to achieve clinical excellence and – most important of all – outstanding patient care. Inject CPD into your life PDUK's eLearning courses help you move forward in your career, wherever you are. Find out more at <http://www.pduk.net>.

- **Visit us online: www.pduk.net**
- **Call us: 023 9250 1428**

HOW PDUK BEGAN

Debra Sharu DPhil, ANP is a fully qualified family nurse practitioner, as well as an experienced clinician, academic and educator. She is also an author. From her earliest days on hospital wards, Dr Sharu has been passionate about improving advanced practitioner education. She created PDUK in 2002 to fill the gap in the market for quality training for healthcare professionals.