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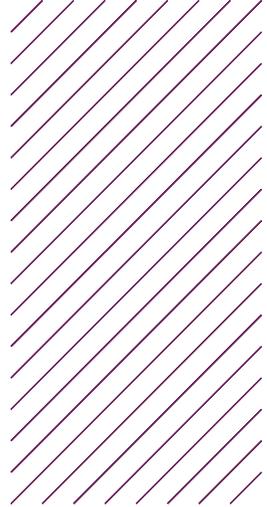
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A03 FIVE DAY PATIENT ASSESSMENT SKILLS WORKSHOP

5 days = 35 hours' CPD £650

This five-day programme provides practitioners with a springboard for diagnostic proficiency and clinical decision-making. After studying basic history-taking and physical examination techniques, you will have the opportunity to perform a complete physical examination that reflects clinical practice requirements and helps to develop all-round confidence. Covers essential skills for non-medical prescribers.

What's included

- History taking & practice.
- Physical examination techniques
- Examination of skin, hair and nails.
- Assessment of face, neck and ENT/practice
- Respiratory system examination practice
- Cardiovascular / peripheral vascular examination / practice
- Abdominal system examination/practice
- Examination of the eye/practice

- Mental health/Neurological assessment/ practice
- Musculoskeletal examination/ practice
- Documentation of findings
- Structured physical examination demonstration
- Top to toe physical examination test outs

Where and when

London

25-29 June 2018: Guy's Hospital
10-14 September 2018: Guy's Hospital
12-16 November 2018: Guy's Hospital
28 January- 1 February 2019: Guy's Hospital
1-5 April 2019: Guy's Hospital

Quality Assurance

Hands-on workshop: maximum student to trainer ratio 12:1

The skills covered in this course are now mandatory learning for all healthcare practitioners who are required to carry out physical examinations on patients. These include: non-medical prescribers; acute and community nurses; nurse practitioners; pharmacists and paramedics.

A13 MINOR AILMENTS ESSENTIALS

3 days = 21 hours' CPD £445



This is an opportunity for those of you who are confident in taking a history and physical examination and want to focus on the common and not so common patient complaints seen in primary health care.

What's included

- The red or painful eye
- Ear problems such as hearing loss and ear infections
- Upper & lower respiratory tract presentations to include painful sinuses, sore throat, cough and bronchitis
- Head, neck and back pain
- Skin conditions including examination principles, eczemas, psoriasis, infestations, bacterial, viral and fungal infections
- Acute abdominal pain covering diarrhoea, vomiting, constipation, indigestion, ectopic pregnancy and more.
- Gynae overview covering vaginal discharge, pelvic pain and the basics of emergency contraception
- Mental health- depression, assessment and management essentials

Note: *This course assumes attendees are confident in history taking & physical examination. These techniques will not be practiced during the course. If you need to develop these skills please check out our 5 Day Patient Assessment workshop.*

Where and when London

5-7 September 2018: Guy's Hospital
28-30 November 2018: Guy's Hospital

Ago- MINOR ILLNESS TRIAGE ESSENTIALS

1 day = 7 hours' CPD £175

This interactive course provides the tools for competent basic triage. The course focuses on history taking and essential observations for safe patient management in triage. It is specifically designed for practitioners who see patients with undifferentiated illnesses.

What's included

Introduction to triage

History taking essentials:

- Principles, consultation structure and communication technique.
- Recognition of red flags and accurate sign posting for potentially more serious illness

Basic observation of the ill adult and/or child

Basic assessment including red flags, initial management and appropriate referral of the patient with:

- An ear, nose or throat related problem – acute and chronic presentations
- An upper respiratory tract problem such as acute asthma or exacerbation of COPD
- Abdominal pain
- Headache
- Simple back pain
- Assessing rashes
- Documentation
- Triage scenarios

Note: *Physical examination skills are not covered in this course.*

Where and when London

30 November 2018: Guy's Hospital

A116 URGENT CARE CONSULTATION FOR COMMUNITY PHARMACISTS

3 days = 21 hours' CPD £445

This hands on, clinically focused course is ideal for pharmacists who will be assessing adult patients with a variety of common complaints in the community. It will help build confidence and competence in meeting the challenges of everyday practice and the demands of the expanding role of the pharmacist clinician.

What's included

- Basic principles of history taking
- Physical examination techniques
- ENT assessment/practice
- Ear presentations
- Respiratory assessment/practice
- Upper & lower respiratory tract conditions including painful sinuses, sore throat, cough & bronchitis
- Abdominal assessment/practice
- Abdominal presentations- diagnosis and management
- Skin assessment, diagnosis and management
- Assessment skills review
- Evaluation and close

Note: This course seeks to expand practitioner's expertise in assessing and managing adults presenting in Primary Health Care. It lays the foundations for sound practice in conjunction with clinical workplace support provided by GPs or other advanced practitioners.

Where and when London

12-14 December 2018: Guy's Hospital

AR04 MINOR INJURY ESSENTIALS

3 days = 21 hours' CPD £445

This interactive programme focuses on the needs of community practitioners who are now expected to include basic injury review and care.

What's included

- Principles of musculoskeletal history taking
 - Basic assessment of the major joints including targeted history taking, anatomy, joint function and essential physical examination techniques. Hands on practice is encouraged!
- Joints covered include:
- shoulder
 - elbow
 - wrist and hand
 - hip
 - knees
 - ankles and feet
- Common conditions
 - Management and referral
 - Practice scenarios
 - Local analgesia
 - Types/safe levels
 - Local infiltration
 - Wounds - including abrasions, cuts, burns and bites:
 - Classification/management
 - All forms of closure/deep sutures demo/practice
 - Removal of foreign bodies ear/eye nose/others
 - Ingrown toenails
 - Infections
 - Paronychia
 - Minor abscesses

Where and when London

3-5 October 2018:
Guy's Hospital
22-24 January 2019
Guy's Hospital
19-21 March 2019
Guy's Hospital

Quality Assurance
Maximum student
trainer ratio 12:1

AR10 MINOR SURGICAL PROCEDURES

1 day = 7 hours' CPD £215

This workshop will provide you with basic instruction in common minor surgical techniques used in minor injuries units, general practice, urgent care and walk in centres. The emphasis is on emergency wound care. Hands on participation is encouraged, fostering your competence in developing these skills for use in the workplace

What's included

- Principles of analgesia.
- Wound assessment, closure & management
 - Basic suturing technique/practice
 - Application of topical skin adhesive
- Common surgical procedures
 - Incision and drainage of an abscess
 - Paronychia management
 - Release of subungual haematoma
 - Digital block-fracture reduction
 - Management of ingrown toenails
 - Foreign body removal

Where and when

London

5 October 2018: Guy's Hospital

24 January 2019: Guy's Hospital

21 March 2019: Guy's Hospital

**10% discount
for booking 4 or
more people on a
scheduled event!**

AR68- UNDERSTANDING HEAD INJURIES

1 day = 7 hours' CPD £175

This course goes beyond the basics and looks at head injury in more depth. Learn what happens when a head injury occurs; gain a better understanding as to causes and forms of head injury and reasons behind clinical features of raised intracranial pressure. An important skill for all first contact practitioners.

What's included

- Specific class requests
- Applied neuro anatomy
- MOI
- Forms of injury
- Intra cranial pressure
- An introduction to patient examination
- Clinical features
- Guidelines
- Guide to further study

Where and when

London

9 November 2018: Guy's Hospital

"It was well explained, clear and will be very useful in my current job."

Urgent Care Practitioner- Crawley

**Also available:
PDUK eLearning
course. Assessing
Minor Head Injuries:
An Introduction
See page 18 for
further details**

P17 MINOR INJURIES IN CHILDREN (FROM 1 TO 18 YEARS OF AGE)

1 day = 8 hours' CPD £175

This course has been designed for the experienced ENP. It builds on your existing knowledge of minor injuries and extends it to cover care for children aged between 1 and 18 years. It is an invaluable study day to develop your confidence and skills with paediatric injuries seen in first-contact settings.

What's included

- Paediatric history taking: a developmental approach
- Skeletal development in children, normal and abnormal patterns
- Upper limb: soft tissue and bony injuries, patterns of injury and healing
- Lower limb injuries: soft tissue and bony injuries, patterns of injury and healing

Note –attendees are encouraged to share x-rays and case studies with the group.

Where and when

London

7 December 2018: Guy's Hospital

Also available:
PDUK eLearning course
An introduction to paediatric minor injuries
See page 18 for further details

P49 SPORTS INJURIES IN 8-18 YEAR OLDS

2 days = 14 hours' CPD £300

This evidence-based, hands-on interactive course covers the physiological principles and practical considerations for assessing and managing common sports injuries in the school aged child, adolescent and teen-age patient. Participants will have the opportunity to apply these theoretical and practical concepts and techniques throughout the two days. This will boost their confidence in the recognition, differentiation, diagnosis, management and return-to-sport guidelines of common sports-related injuries.

What's included

- Review of basic MSK anatomy.
- Physiological principles underpinning sports injuries, including healing and tissue response to loading.
- Prevalence, definitions, classifications of injury
- Lower limb assessment including mechanism of injury, hands on practice, treatments and management
- Head and neck injuries
- Upper limb assessment including mechanism of injury, hands on practice, treatments and management
- Rehab and return to play

Where and when

London

1-2 November 2018: Guy's Hospital

AR07 X-RAY INTERPRETATION OF MINOR INJURIES (INCLUDES RED DOT)

1 day = 7 hours' CPD £175



A67- BLOOD RESULTS: AN INTRODUCTION TO BASIC HAEMATOLOGY AND BIOCHEMISTRY INVESTIGATIONS

1 day = 8 hours' CPD £175

This workshop is underpinned by linking clinical presentation with relevant anatomy and principles of x-ray interpretation. Patient assessment, radiographic referral, interpretation and treatment for minor injuries are all included.

Who should attend

Practitioners should ideally be working in an environment where x-ray interpretation is part of their role but it may be suitable for practitioners making referrals for x-rays at another location. Clinical areas include minor injury units, A&E departments, out of hour's services and walk-in centres.

What's included

- Legal & professional issues
- Principles of normal and abnormal appearances of bone, soft tissues and joint appearances on x-rays
- Paediatric considerations
- ABCS principles
- Red Dot principles
- History taking & mechanism of injury
- X-ray referrals
- Upper limb x-ray interpretation
- Lower limb x-ray interpretation
- X-ray interpretation quiz

This study day provides a firm foundation for understanding essential blood results. An ideal first course or basic refresher.

What's included

Haematology

- The full blood count- an overview
- Red blood cell count haemoglobin and anaemia haematocrit/ platelets/ red cell indices/ESR
- White cell count/differential
- Coagulation tests including prothrombin time, INR and d-dimers
- Case studies

Biochemistry

- U &E's / eGFR
- Glucose and HbA1c
- Cardiac enzymes/lipids
- Liver function tests
- Case studies

Where and when

London

27 June 2018: Guy's Hospital

12 December 2018: Guy's Hospital

Where and when London

22 June 2018:

Guy's Hospital

14 November 2018:

Guy's Hospital

"Professionally we worked well as a group and the tutor was extremely supportive - wish the course was longer!"

Paramedic, London

AR94 RECOGNISING AND MANAGING ACUTE SKIN CONDITIONS IN PRIMARY CARE

1 day = 7 hours' CPD £175

Designed for practitioners who need to improve their skills in assessing and managing acute skin conditions. Dermatological conditions are commonly seen in primary care but health care practitioners are often challenged by even the most common presentations. This course will give you more confidence in assessing and safely managing these conditions.

What's included

- Principles of dermatological assessment
- Common acute skin problems: diagnosis, differentials and management (e.g. bacterial, fungal and viral infections)
- When chronic skin conditions become acute, recognition and treatment.
- Assessment of skin lesions (benign lesions and skin cancers)
- Dermatological emergencies

Where and when

London

16 November 2018: Guy's Hospital

A107- GUIDE TO COMPLEX WOUND CARE

1 day = 7 hours' CPD £175



Assessing and managing complicated wounds can challenge even the most experienced practitioners. Both community and hospital staff will benefit from this course, which will improve your confidence and skills when caring for patients with difficult wound presentations.

What's included

- Pathophysiology of complicated wounds:
 - chronic non-healing wounds;
 - diabetic wounds;
 - fungating wounds.
- Wound assessment.
- Evidence-based management, including:
 - wound cleansing;
 - dressing selection;
 - negative wound pressure therapy.
- Practice scenarios

Where and when

London

4 December 2018: Guy's Hospital

Also available:
PDUK eLearning
course
Skin Infections
See page 19 for
further details.

"It has given me the impetus to continue my journey towards becoming a nurse practitioner.' I have learnt so much on this course – thank you"

Practice Nurse, Glasgow

AR76- OPHTHALMIC PRACTICE IN PRIMARY CARE

1 day = 8 hours' CPD £175

This study day will put you up to speed on your essential ophthalmology skills. It is aimed at practitioners who work in primary, emergency and urgent care settings and will appeal to nurses and allied health professionals.

What's included

- Anatomy of the eye
- Ophthalmic history taking including red flags
- Ophthalmologic examination including vision testing and external ocular assessment.
- Fluorescein staining, eyelid eversion, foreign body removal.
- Spotting emergent and sight threatening eye conditions
- Identification and management of common presentations including red eye and painful eye

Where and when

London

16 November 2018: Guy's Hospital

**Also available:
PDUK eLearning
Essential
Ophthalmic
Assessment in
Primary Care
See page 19 for
further details.**

AR26 ENT "TOP TEN" - HOW TO TREAT AND MANAGE, WHAT TO REFER AND WHEN

1 day = 7 hours' CPD £175

A large proportion of visits to general practitioners, minor injury units or accident and emergency departments are ear, nose and throat (ENT) related. Aimed at the experienced practitioner, this interactive course will examine ENT problems seen in primary care and first contact settings, looking at the most frequently seen conditions. It will explore appropriate treatments, common errors, which conditions can be managed safely out of hospital, and which conditions should be referred and when.

What's included

- Ears -
 - Otitis media, otitis externa, which is which and how do I treat?
 - When is a perforation safe?
 - Cholesteatomas - why all the fuss?
 - Wax and foreign bodies - is water ever dangerous?
 - Auricular haematoma
 - Hearing loss - is it serious?
- Nose
 - Epistaxis - why won't it stop?
 - Fractured noses - when do they need to be treated?
 - Foreign bodies
- Throat
 - Tonsillitis or glandular fever - does it matter?
 - Quinsy
 - Foreign body/food bolus
- Red flags- what to refer and when
- Group discussions/Questions
- Patient scenarios

Where and when

London

19 October 2018: Guy's Hospital

A86 CONTRACEPTION AND SEXUAL HEALTH WORKSHOP FOR THE PRIMARY CARE PRACTITIONER

2 days = 14 hours' CPD £300

This course had been designed to give participants an overview of the current methods of fertility control and the risks and benefits of different methods. The course will prepare clinicians to support appropriately qualified staff in monitoring women taking hormonal contraception and giving basic advice. Emergency contraception choices will also be discussed.

What's included

- Oral methods of contraception
- Long acting reversible contraception
- Barrier and natural contraception methods
- Emergency contraception
- Working with young people, sex and the law
- Contraception for women over 40
- Post natal contraception
- Contraception services & Patient Group Directions: What's out there
- Sexually transmitted infections an overview
- Chlamydia screening
- Practical session contraceptive workstations
- Discussion and evaluation

Where and when

London

11-12 October 2018: Guy's Hospital

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A80 GYNAE CORE SKILLS FOR FIRST CONTACT PRACTITIONERS

1 day = 7 hours' CPD £175

This interactive one-day course is targeted at primary care practitioners involved in the management of and referral decisions for women presenting with gynaecological issues.

What's included

- Review of anatomy and physiology of the female genitourinary system
- Overview of gynaecological disorders- Endometriosis, PCOS, Adhesions, Pelvic organ prolapse, Gynae cancer
- Sexual history taking & promoting sexual health
- Physical assessment
- Abdominal & pelvic examination,
- Vaginal speculum examination,
- bimanual examination, screening & specimen collection
- Diagnosis and management of common gynaecological disorders including: pelvic pain, dysmenorrhoea, bleeding and heavy menstrual bleeding, common sexually transmitted infections, retained tampon and or removal of foreign body, vaginal pessary use for prolapse
- Overview of emergency contraception
- Adolescent sexual health and Fraser Guidelines explored

Where and when

London

27 June 2018: Guy's Hospital

5 December 2018: Guy's Hospital

A83 DIABETES CARE IN GENERAL PRACTICE

1 day = 7 hours' CPD £175

This course is an excellent practical guide for practice nurses, APs and HCAs who will be working with chronic disease and require grounding in assessment and current management trends for the patient with diabetes

What's included

- Diabetes- epidemiology- a global and national perspective.
- Understanding diabetes
 - How do we maintain blood glucose
 - Classification of diabetes with emphasis on type 1 and 2
 - Patho-physiology of diabetes
- Diagnosis of diabetes
 - Clinical signs and symptoms
 - Risk factors such as obesity
 - Diagnostic criteria
 - Understanding test results
- Complications associated with diabetes
 - Recognising and managing Hypo/Hyperglycaemia
 - Neuropathy
 - Nephropathy
 - Retinopathy
 - Risks of CVD
- Management of diabetes
 - Medicine and lifestyle management
 - Overview of insulin regimes
 - Driving
 - Employment
 - Empowerment model of care: The Alphabet Strategy
 - Concordance
- Diabetic emergencies- identification and immediate management. Case scenarios
- Review of national guidelines and key studies

Where and when

London

27 November 2018: Guy's Hospital

A115 HELPING THE ELDERLY LIVE WELL FOR LONGER

2 days = 14 hours' CPD £300

This course is ideal for professionals who provide primary, acute and long-term care and support for older people. It focuses on holistic assessment and care planning to maximise independence and the timely identification of health issues which can lead to reduced functioning and increase frailty and vulnerability. A level of competence in the physical assessment of the cardiovascular, respiratory and musculoskeletal system is required.

What's included

- Review the impact of ageing: physical, cognitive and behavioural.
- Psychosocial change and how it affects wellbeing.
- Awareness of assessment tools (e.g. comprehensive geriatric assessment) to support decision making.
- Applying mental capacity assessment and best interest decision making to practice.
- History taking and assessment for frailty syndromes, with special consideration of:
 - Falls;
 - Immobility;
 - Delirium;
 - Incontinence;
 - Susceptibility to side-effects of medication.
- Advanced care planning;
- Risk assessment and ageing;
- Health education and prevention.

Where and when

London

5-6 December 2018: Guy's Hospital

Ag9- NMP ESSENTIALS FOR COMMON LONG TERM CONDITIONS

1 day = 8 hours' CPD £175



This course will review essential prescribing practice for a range of common long term conditions (LTCs) including COPD, chronic heart failure, renal disease and diabetes.

What's included

Interactive learning is a key feature of this course. You will look at case studies and real situations that have been encountered.

The day will start with establishing your familiarity with the following principles which will be used in the case studies.

- An understanding of what medicines optimisation means and how this plays an important role in each of the conditions.
- What is a medication review and the different levels of medicines reviews.
- How often should you review a patient's medication
- What is medicines reconciliation and why this is particularly important in long term conditions.
- Why is patient experience and involvement essential
- Consider drug –drug interactions when prescribing new medicines
- Be aware of black triangle medicines

Renal Disease

- Renal disease: stages and monitoring of the disease.
- Prescribing and dose alterations for different stages.
- Acute kidney injury (AKI) including prevention and awareness of medications that often place patients at risk.
- The importance of hydration

COPD

- Which inhalers and when to prescribe.
- Prescribing other oral medicines in COPD; what is the evidence.
- Prescribing in advance of exacerbation including patient education.
- High dose steroid cards.

Chronic Heart Failure

- A brief overview of the medicines prescribed in CHF
- Maximising doses in chronic heart failure
- How to manage side effects including medication alterations.

Diabetes

- When to treat type II diabetes
- Current prescribing guideline recommendations
- Insulin and its management
- Blood glucose monitoring – when, why and is it necessary?
- Risk factors and prescribing preventative medicines.
- Practical problems such as:
 - Diabetes treatment and the patient fasting for religious reasons
 - Hypoglycaemic attacks: patient or partner recognition.
 - Long distance flights and time changes: how and when to take diabetes medication.

Where and when London

19 June 2018: Guy's Hospital

20 November 2018: Guy's Hospital

AR124 ANNUAL NMP V300 UPDATE COURSE

1 day = 7 hours' CPD £175

This one-day interactive generic course is ideal for all non-medical prescribers (NMP) with a recorded prescribing qualification (V300) who are working within the NMP role.

Completion of the course fulfils the requirement for NMPs to demonstrate ongoing CPD by updating their qualification annually.

Who should attend?

All NMPs with a V300, including nurses, physiotherapists, radiographers, pharmacists, optometrists,

podiatrists, midwives and paramedics.

• NMPs are required to attend an annual NMP update. This course meets these requirements.

What's included

- Discuss current NMP updates and clinical governance;
- Examine current laws and legislation related to independent and supplementary prescribing;
- Discuss medico-legal issues and relate this to NMP clinical practice;
- Critically discuss

practical and ethical issues in prescribing;

- Discuss common pitfalls in prescribing and prescribing errors;
- Examine adverse drug reactions and how to reduce errors;
- Discuss prescribing support resources;
- Assess clinical decision making skills in relation to evidence-based practice.

Where and when London

14 November 2018:
Guy's Hospital

IH02 PAEDIATRIC EXAMINATION MADE EASY

3 days = 21 hours' CPD £450

This programme has been designed to provide attendees with the basic tools for taking a child focused history and performing a physical examination on the ENT, cardiac, respiratory and abdominal systems. An essential for competent paediatric assessment.

What's included

- History taking & physical exam techniques/anatomical and physiological differences in paediatrics
- Examining the skin
- ENT/lymphatic examination/practice
- Respiratory assessment/practice
- Cardiac assessment/practice.
- Abdominal examination/practice
- Test out demonstration
- Practice, practice, practice
- Test outs

Where and when London

4-6 December 2018: Guy's Hospital

P48- PRACTICAL SKILLS FOR ASSESSING THE ILL CHILD

2 days = 14 hours' CPD £295

This hands-on course covers all the basic skills needed for assessing common childhood complaints. Besides practising history taking and examination skills for the ENT and respiratory systems, delegates will build on their knowledge to make diagnoses and management decisions.

What's included

- Age appropriate history taking and physical examination techniques.
- Recognition of the ill child.
- The febrile child.
- ENT/lymphatic examination and practice.
- ENT-related presentations (e.g. OM, sore throat).
- Respiratory assessment and practice.
- Respiratory-related presentations including upper versus lower respiratory tract infections, bronchiolitis and pneumonia.

Where and when Liverpool

6-7 September 2018:
Novotel Liverpool Centre

P01 PAEDIATRIC MINOR ILLNESS

3 days = 21 hours'
CPD £445



This course concentrates on childhood minor illnesses from infancy to late teen years. Ideal for the practitioner who is confident with history taking and physical examination skills and wants to explore a variety of paediatric conditions in an evidence based context. A chance to share your experience and build on your expertise.

What's included

- Review of age-appropriate history taking and physical exam techniques
- Anatomical and physiological differences in children
- Recognition of the ill child
- The febrile child
- Skin problems
- ENT conditions
- Abdominal complaints
- Respiratory problems
- Eye complaints
- Reinforcers
- Course pre-requisite:

Note: Course pre-requisite competency in history taking and physical examination skills. See page 3 and 14

Where and when

London

3-5 July 2017: Guy's Hospital
31 Oct. - 2 Nov. 2018: Guy's Hospital
27 Feb- 1 March 2019: Guy's Hospital

P14 PAEDIATRIC ASTHMA ESSENTIALS

1 day = 7 hours' CPD £175

This practical study day offers health professionals a comprehensive overview of the assessment and management of asthma in children. Special consideration is given to the latest British Thoracic Society (BTS) guidelines, giving participants the confidence to implement this evidence based tool into their practice. Informal lectures and interactive practical sessions make this a stimulating, informative and enjoyable programme.

What's included

- Paediatric asthma- the statistics
- Normal respiratory function and lung development in children- an overview
- The BTS guidelines
- Assessment, diagnosis and treatment-
 - what's new, what isn't, including current NICE guidelines
 - evidence based practice- what's in, what's out
 - patient education
 - concordance and compliance
- Acute Asthma exacerbation
 - Why do they occur?
 - Assessment of severity
 - Treatment of an acute attack
- Outcomes and audit.

Where and when

London

28 June 2018: Guy's Hospital
29 November 2018: Guy's Hospital

Also available:
PDUK eLearning. Free taster:
The First Steps in Recognising the Acutely Ill Child
See page 18 for further details

Also available:
PDUK eLearning course Asthma in childhood: the essentials
See pages 18 for further details

P45- SIX- EIGHT WEEK BABY CHECK

2 days = 14 hours'

CPD £295



IH79 EXAMINATION OF THE NEWBORN

2 days = 16 hours'

CPD £300



This course will prepare those of you planning on offering the 8 week infant check as part of your primary care service. It is informed by the examination requirements as outlined by Public Health England and lays the foundations towards developing competency in the work place.

What's included

- Brief review of national standards
- Taking a screening history
- Physical examination techniques
- Assessment of HENT and eyes
- Skin assessment
- Respiratory assessment
- Cardiac assessment
- Abdominal assessment including male and female genitalia
- Detection of developmental dysplasia of the hip (DDH)
- Neurological assessment
- Putting it all together

Note – Support and practice in the workplace with an experienced facilitator is required to attain competency.

Where and when

London

20-21 November 2018: Guy's Hospital

"I thoroughly enjoyed both days - a good all-round course. The course completely covered what we needed to develop our knowledge and skills to perform a competent examination on a newborn."

Midwife, Truro

This course will help you meet the newborn history taking and physical examination requirements as set out by Public Health England's Newborn and Infant Screening Guidelines. All the essential examinations are covered along with guidance on completing workplace competency.

Who should attend?

- Midwives

What's included

- The newborn, infant physical examination programme. (NIPE)
- Taking a screening history
- Physical examination techniques
- Assessment of HENT, skin and eyes
- Respiratory assessment
- Cardiac assessment
- Abdominal assessment including male and female genitalia/anus
- Neurological assessment
- Musculoskeletal assessment including detection of developmental dysplasia of the hip (DDH)
- Documentation

NB – Support and practice in the workplace with an experienced facilitator is required to attain competency.

Where and when

London

10-11 December 2018: Guy's Hospital

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Make the most of multiple discounts

As well as being a brilliant way to learn, our online courses are excellent value for money. Employers who purchase more than 10 PDUK eLearning courses will receive a 10 per cent discount.

Find the healthcare course that works for you

Check out our courses at www.pduk.net

FREE COURSE

THE FIRST STEPS IN RECOGNISING THE ACUTELY ILL CHILD

30 minutes' CPD Free!

Dr Debra Sharu explains how to assess the severity of illness in the sick child. This course covers common symptoms and the diagnostic examination methods with which to study them. It provides a firm foundation from which practitioners can develop their skills and confidence.

NEW COURSE

ASTHMA IN CHILDHOOD: THE ESSENTIALS

3.5 hours' CPD £38.00

This course for nurses and allied health professionals explains the initial skills needed to identify a child with asthma. Students will learn about lung function, how to treat an asthmatic episode and how to recognise and manage issues around triggers. The correct use of inhaler devices and medication compliance will also be reviewed.

NEW COURSE

IMMUNISATION UPDATE FOR HEALTH CARE ASSISTANTS

1.5 hours' CPD £23.00

This course covers adult immunisations, medicine management and relevant legal and professional issues. It is intended for HCAs who have completed their initial immunisation training. This course is in line with the revised Health Protection Agency national minimum standards for immunisation training.

IMMUNISATION UPDATE

(Complies with the Public Health England National Minimum Standards for Immunisation Training.)

1.5 hours' CPD £23.00

Liz Sherlock covers immunisation for adults and children, as well as the legal and professional issues surrounding immunisation. Suitable for practitioners who are qualified to immunise and already do so, this course is designed to help you meet yearly update CPD requirements.

ASSESSING MINOR HEAD INJURIES: AN INTRODUCTION

2.5 hours' CPD £32.00

David Bradley draws on his many years of experience in A&E to explain how to assess patients who may have suffered a minor head injury. Besides learning which common signs and symptoms to look out for, you'll study the skills and physical examinations that will enable you to start effectively managing minor head injuries.

PAEDIATRIC MINOR INJURIES: AN INTRODUCTION

2.5 hours' CPD £32.00

Lorrie Lawton explains how to assess and manage some of the most common paediatric minor injuries seen in Urgent Care, Minor Injury Units and Emergency Departments. This course provides a brief overview of minor injuries commonly presented in children, including the fundamentals of history taking and documentation, examination techniques, management of foreign bodies and the most common minor injuries including burns, head, face and hand injuries.

ESSENTIAL OPHTHALMIC ASSESSMENT IN PRIMARY CARE

2.5 hours' CPD £32.00

Margaret Gurney's course for primary care health professionals provides a basic understanding of the eye, its function and the assessment of common sight- and non- sight-threatening eye problems.

SKIN INFECTIONS

2.5 hours' CPD £32.00

Rebecca Davis introduces common bacterial, viral and fungal skin conditions and investigates the main causative agents, including those from the staph, herpes and tinea groups.

DEMENTIA: UNDERSTANDING AND DEALING WITH CHALLENGING BEHAVIOURS

2.5 hours' CPD £32.00

Jane Gordon examines the most common forms of challenging behaviour seen in patients with dementia. You'll learn about the causes of this behaviour and ways in which you can attempt to prevent and manage it. With real-life case studies to help you put what you have learnt into practice, this PDUK programme is suitable for practitioners who have some experience of dealing with patients with dementia.

More eLearning courses coming soon!

Emergency Contraception Update
Minor Injuries for Pharmacists
and more!

www.pduk.net/elearning.php



IN-HOUSE COURSES



**Task us to provide
targeted
healthcare training
for your team**

Choose what, when and where your staff learn

We'll compile a CPD programme at a time and place to suit you

From the feedback we've had at Practitioner Development UK, we know that our in-house events can be transformational for teams of healthcare professionals.

Bouncing ideas around and exploring new possibilities within a stimulating yet supportive environment can improve the team dynamic and help individuals develop their confidence and competence. Back on the job, all your staff – from nurses to consultants and pharmacists to health visitors – will be able to give their patients the best possible care.

Describe your perfect in-house course to us and we'll create a programme that will boost your staff's knowledge and help them raise their skills to the next level.

Our expert practitioners will devise a course to address the precise needs of your staff or design a bespoke solution if you prefer. What's more, we'll deliver it at a destination of your choice.

(The beauty of in-house training is that you're guaranteed to get the course you want. All our in-house training solutions are commissioned by employers like you. What we do works for them and it will work for you, too.)

Why PDUK courses promote best practice:

Our experience speaks for itself Our comprehensive portfolio of more than 300 healthcare courses is the result of more than a decade of combined professional expertise, knowledge and reflection. Every course we run helps us to fine-tune our formula and provide exactly what you want from CPD.

Our tutors are all accomplished clinicians Working on the frontline of healthcare services has given them the insight to help others to excel. By imparting their knowledge and expertise, our tutors will help your staff keep abreast of the latest medical developments and raise standards in your organisation.

Our courses are incredible value for money Make your investment work harder by commissioning a course for a group of staff (we charge by the event rather than the number of delegates).

There are three reasons why our CV-boosting CPD courses are the first choice for healthcare professionals

1) We deliver what you want

Every course we devise draws on our many years of experience, current practice and future goals. To enable your staff to build on their knowledge and expertise, we create effective learning solutions based on topical educational content. By using relevant case studies and real-life situations, our expert tutors bring their subjects to life.

2) Our reputation is second to none

Our customers tell us we're doing a great job and we're committed to providing this essential service. Top-quality CPD helps to raise standards in healthcare and our reputation for promoting advanced practice within healthcare training today speaks for itself.

3) There's a course for everyone

After more than a decade of training thousands of healthcare providers, Practitioner Development UK is perfectly placed to refine and improve our range of workshops and seminars. Have a look at our programme of more than 300 courses to see what we can offer you. Alternatively, we can design a unique package especially for your team.

PDUK: advanced practice CPD for healthcare professionals

PDUK works with the NHS and the public and private healthcare sectors, both within the UK and abroad. We train health professionals from nurses (advanced practice, community, hospital and general) to healthcare assistants, health visitors, pharmacists, physiotherapists, paramedics, podiatrists, midwives, radiographers and doctors (from juniors to consultants).

Boost your career this year Choose from the courses listed in this brochure and on our website (www.pduk.net), or get in touch if you'd like us to design a programme specifically for your organisation.

Here's a selection of our courses:

- PALLIATIVE CARE AND END-OF-LIFE CARE: WHAT YOU NEED TO KNOW
- PERSONAL RESILIENCE STRATEGIES FOR NHS STAFF
- IV THERAPY AND BLOOD ADMINISTRATION WORKSHOP
- CATHETERISATION AND CATHETER CARE ESSENTIALS
- SEPSIS; EARLY RECOGNITION AND MANAGEMENT
- PATIENT EXAMINATION ESSENTIALS WORKSHOP
- IMPROVE YOUR CLINICAL SKILLS SUPERVISION
- VERIFICATION OF EXPECTED PATIENT DEATH

Making your funds go further If there are extra places available on your course, you can team up with other local healthcare providers to share the costs. There is no minimum number of students per course but we cap numbers for optimum learning.

Our all-inclusive offer There are no hidden extras: the cost of the course includes all tutor expenses, course materials, specified equipment and certificates. Prices vary according to the programme you choose. For a quote, call us on 0207 1019294 or 02392 501428.

Get in touch Simply contact us, explain what you want and we will give you a quote, a course programme and a 'no obligation' proposal outlining terms and conditions.

**For more information,
visit www.pduk.net
or call us on 0207 1019294
or 02392 501428**

IH55B THE NUTS AND BOLTS OF MINOR INJURIES IN YOUNG PEOPLE

1 day = 7 hours' CPD

This very popular programme covers the essential principles of minor injury assessment and management for the paediatric patient. The course level can be easily varied, making it ideal for groups with mixed levels of expertise. A fun, interactive event.

What's included

- Head injuries assessment, treatment of wounds and aftercare
- MSK anatomy of neck, upper and lower limbs
- General neck and limb MSK assessment
- Mechanisms of injury, when referral is needed
- Common MSK injuries related to sports
- Principles of MSK treatment
- Decision making when to refer or manage using case histories

"The lecturer was an experienced clinician: approachable, easy to understand and used pertinent examples from practice."

Practice Nurse, Manchester

P34- ASSESSMENT & MANAGEMENT OF ADOLESCENTS AND YOUNG ADULTS IN PRIMARY CARE

3 days = 21 hours' CPD

This hands-on programme is ideal for school nurses who see 11-18-year-old patients presenting with minor illness. Assessment, diagnosis and management of a variety of common ailments will be considered within an age appropriate context.

What's included

- Anatomical and physiological considerations in 11-18-year-olds.
- Developmentally appropriate history taking and physical examination including basic techniques.
- ENT assessment/practice
- Common ENT presentations: diagnosis and management
- Respiratory examination/practice
- Acute respiratory conditions: diagnosis and management
- Acute ophthalmological conditions- red flags and conjunctivitis
- Abdominal examination/practice
- Acute abdominal presentations covering diarrhoea, vomiting, constipation, indigestion, UTI, ectopic pregnancy and more
- Skin conditions including examination principles, eczemas, psoriasis, infestations, bacterial, viral and fungal infections
- Review of clinical skills/further practice and evaluation

"The lecturer was very knowledgeable about the subject and very open to questions and discussion"

School nurse, Kent

AR51- IMMUNISATION AND ANAPHYLAXIS ESSENTIALS

2 days = 14 hours' CPD



AR61- EAR CARE IN THE COMMUNITY: IRRIGATION TRAINING ESSENTIALS

1 day = 7 hours' CPD

This course is for nurses new to immunisation or any current practitioner wanting to review the basics. It will help you develop a systematic and co-ordinated immunisation approach in line with the national minimum standards for immunisation.

What's included

- Introduction to immunisation: aims, national and internal policy
- Immunity
- Types of vaccines
- Vaccine preventable diseases
- Cold chain
- Injection technique
- Cautions and contra indications
- Childhood immunisation programme
- Complex immunisation histories
- Scenarios
- Influenza and pneumococcal programmes
- HPV vaccine
- Anaphylaxis
- Legal aspects of immunisation
- Documentation and reporting
- Current issues and controversies in immunisation
- Strategies for improving vaccination rates
- Scenarios

This hands-on workshop provides practitioners with the foundations for safe confident practice when dealing with patients who present with minor ear problems. It covers essential theory and clinical skills including ear irrigation and otoscopy.

What's included

- Ear anatomy and physiology
- Sound ear care: prevention and promotion
- The normal ear: lets take a look
 - Slides and discussion
 - Otoscopy, theory, safe handling, demonstration and practice
- Recognising common problems; including earwax impaction, foreign bodies, infection and perforation.
- Ear irrigation review, risk assessment and potential complications
- Demonstration and practice
 - Otoscopy revisited
 - Irrigation
 - Aural Toilet
- Documentation
- Legal issues and professional accountability

Note: Practitioners with no previous experience of ear irrigation should be supervised in practice until deemed competent by their clinical facilitators.

"Logical, step-by-step training, followed by practical application."

Care home nurse, Hull

AR69 - ADVANCED ECG SKILLS AND ARRHYTHMIA INTERPRETATION

1 day = 7 hours' CPD

This programme is designed for practitioners and doctors looking to improve their ECG skills and arrhythmia recognition. You will have the opportunity to practice on a wide range of example ECGs.

What's included

- Approaches to ECG interpretation and cardiac axis
- Common ECG abnormalities including:
 - Interventricular conduction disturbances: bundle branch block, fascicular block and pre-excitation
 - Ventricular hypertrophy
 - Electrolyte disturbance
 - Pulmonary embolism
 - Patterns of infarct, injury and ischaemia.
- Common tachy and brady arrhythmias, including:
 - Atrial fibrillation
 - Atrial flutter
 - AV nodal re-entrant tachycardia
 - Ventricular tachycardia and fibrillation
 - Heart blocks
 - Escape rhythms
 - Paced rhythm

IH59 - VERIFICATION OF EXPECTED PATIENT DEATH

1 day = 7 hours' CPD

There are situations when a doctor may not be available, and the death of a patient is anticipated. In such cases a registered nurse may verify the death has occurred. This course will provide a foundation in which nurses can work collaboratively and confidently in ensuring safe, skilful verification of expected patient death.

Note- Course delegates should be competent in performing basic physical examinations.

What's included

- The role of the medical and non medical health care providers in verification of expected death including confirmation of resuscitation status and the legal position of verifying a patient has died.
- Theory and practice of the verification procedure:
- Clinical examination following suspected death - respiratory, cardiovascular and pupil assessment.
- Documenting a death.
- Bereaved relatives, communication and breaking bad news.
- The role of the undertaker.
- The coroner's role and when to refer.
- Providing the police with necessary information.
- What to do in a potential crime scene.

P50b - PAIN MANAGEMENT IN 8 TO 18-YEAR OLDS

1 day = 8 hours' CPD

This comprehensive course looks at different types of pain and various pharmacological approaches to effective pain management in the child and young adult. It is ideal for first contact practitioners who deal with patients that present with either acute or chronic pain. Group participation including discussion, sharing of experiences, debate and practical workshops make this a stimulating and challenging experience.

What's included

Pathophysiological classification of pain

- What symptoms arise from pain?
- To understand that the approach to treatment depends on the classification of pain
- To classify pain based on pain duration
- Differences in behaviour dependent on pain duration

The pain consultation

- Pain expressions
- Observation and behaviour of pain
- Pain management tools
- Shared decision making
- Pain assessment
- Individual pain management plan
- Adequate documentation
- Determine potential barriers to pain management
- Implement plan

Principles of pharmacological management of pain

- Treating pain using a two-step strategy (WHO Guidelines)
 - Mild pain
 - Moderate to severe pain
- Treating pain at regular intervals
- Treating pain by the appropriate route
- Tailoring pain treatment to the individual child
- Choice of strong opioids
- Treatment of breakthrough pain

Safe use of pain medication

- Which dose to use dependent on age or weight (calculations exercise)
- Why codeine is no longer recommended for pain relief in children
- Opioid switching – how to do this safely
- Opioid overdose
- Multiple pain medication – is it safe?

Tolerance, withdrawal and dependence syndrome

Neuropathic pain management

- Antidepressants
- Anticonvulsants
- Ketamine
- Local Anaesthetics

Pain associated with muscle spasm and spasticity

P51 CHILD PROTECTION & IMAGING FOR DIAGNOSTIC RADIOGRAPHERS AND ALLIED HEALTHCARE PROFESSIONALS

1 day = 7 hours' CPD

This short course has been designed to provide an understanding of current guidance relating to child protection, types of suspected abuse and responsibilities of healthcare professionals for imaging, recording and the identification and preservation of forensic evidence.

Who should attend

Diagnostic radiographers
Allied healthcare professionals
Multi-agency partners

What's included

- Principles of safeguarding and guidelines
- Understanding types of abuse and neglect
- Normal childhood development
- Signs of abuse (physical and radiological)
- Systematic radiographic examination for suspected physical abuse
- Understanding about inter-professional working, disclosure, confidentiality and sharing information
- Professionally relevant core and image specific information.

AR123 PERSONAL RESILIENCE STRATEGIES FOR NHS STAFF

1 day = 7 hours' CPD

This one-day course is designed to help NHS staff manage stress, develop personal skills and improve their self-esteem and confidence. Participants will learn techniques to enable them to communicate effectively with patients and colleagues in challenging situations. We'll also be looking at how to stop worrying about things that can't be changed.

Who should attend

Practice nurses
Doctors
Allied health professionals
Any other NHS staff who want to develop personal skills for communicating, managing stress and improving self-confidence.

What's included

- Know yourself and be aware of how you react to colleagues and situations.
- Improve your confidence and self esteem: accept that being good enough is good enough.
- Learn how to handle stress and conflict.
- Switch off: discover what works for you.
- Explore real-life NHS situations by practising communication techniques you can use at work.

USEFUL INFORMATION/ TERMS & CONDITIONS

For information on our data protection policy go to www.pduk.net

Scheduled course times & fees

Courses usually run from 10:00am- 16:30pm. Timings will be confirmed in your course information pack, 2-3 weeks before the event.

All fees are inclusive of standard UK VAT rates and include tuition, course material and certificate of completion. Our scheduled events include morning and afternoon refreshments. Accommodation is not included.

Booking discount

There is a 10% group-booking discount on PDUK scheduled courses. Bookings must be for groups of 4 or more attendees for the same event. All applications must be submitted at the same time. This discount does not apply with any other offer.

Booking a scheduled event

Bookings can be made over the telephone, or online through our website:

www.pduk.net. Bookings are regarded as firm bookings and you are advised that once made you have entered into a contract. Provisional bookings are NOT accepted.

Payments

Employer or third party sponsored applications. - An invoice is raised once an application is processed. Payment is due within 30 days of issue. When available please quote purchase order numbers. It is strongly advised that funding be secured before booking a course. If an employer refuses to pay, the attendee is liable for full payment.

Bookings made by self-pay candidates must be paid in full within 30 days of application or 4 weeks prior to the course commencing, whichever is soonest. Payment for courses can be split into two or three payments. This option is only open when agreed in advanced with PDUK. If you are interested in this option contact us on info@pduk.net or 02392501428. Course packs will not be posted until full payment is made.

Payment methods

Choosing the invoice option when booking - Paying directly into our bank account, details as provided on the invoice. (Please use the invoice no. as payment reference). Choosing the credit or debit card option when booking -Credit or debit card payments can only be made online, in full, at the time of booking. Late payments will incur an additional 8% charge.

NOTE: *Bank cheques are no longer accepted as a form of payment*

Cancellations received 5 weeks before the start of the course may be liable to a £15 cancellation fee. Cancellations received within 5 weeks of the event are liable for the full course fee. All cancellations must be made by email and will not be accepted by any other means. We are happy to accept a substitution candidate at no additional cost but do require their contact details. Full payment will be due from anyone who fails to attend.

Course changes

Practitioner Development UK reserves the right to change the venue, cancel a course or defer to a later date(s) at any time and without prior notice. Fees will be refunded in full should delegates not wish to attend the alternative date or in the event of a cancellation. Practitioner Development UK is not responsible for personal expenses incurred due to a cancelled event.

Travel & accommodation

We advise you NOT to book accommodation and travel until you have received your course information pack. This will be sent 2-3 weeks before the course commences. Practitioner Development UK will not reimburse these costs.

Purchasing E-learning

Payment for individuals must be made at the time of purchase via credit or debit card. All card transactions must be made online at www.pduk.net. If an invoice is required for a bulk purchase by an organisation, please contact us on info@pduk.net or call 02392 501428.

PRACTITIONER DEVELOPMENT

UK LTD

Perfect your practice by signing up for a PDUK course today

Revalidate your professional qualifications and boost your career

Our mission is to make healthcare better. We do this by improving the knowledge, skills and expertise of thousands of healthcare practitioners worldwide.

PDUK's internationally renowned training courses are designed to help health professionals progress in their careers and achieve the highest standards in their working roles.

More than a decade ago, we pioneered advanced healthcare training in the UK with our very first course, which was RCN-accredited.

Since launching that course, we've developed our professional training programme to provide a comprehensive range of more than 300 courses. We refine and update all our programmes regularly in order to address the ever-changing needs of patients, professionals and the health service. This attention to detail means we can provide the best healthcare CPD courses money can buy.

PDUK courses are professionally recognised

Our portfolio includes courses that are accredited by the RCN and the CPD Standards Office.

Revalidate your licence and maintain your CPD

All nurses who are registered with the Nursing and Midwifery Council are now required to revalidate their licenses (<http://revalidation.nmc.org.uk/>). This involves 35 hours of continuing professional

AUTUMN 2018/WINTER 2019

- Visit us online: www.pduk.net
- Call us: 0207 1019294
- Or 02392 501428

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Third Floor, 86-90 Paul Street,
London EC2A 4NE**

development (CPD) over three years. Our fully certified flexible training solutions not only count towards this but also enhance your professional portfolio.

Our courses also meet advanced nurse practitioner CPD requirements as well as other health professionals.

Keeping pace with progress With constant advances in healthcare assessment and management options, it's vital for practitioners to be fully informed about current clinical developments and procedures. That's why we commission experienced clinicians who are dedicated to passing on their expertise to design and deliver all our programmes.

Promoting excellence

Our role is to train healthcare professionals to do their jobs to the best of their abilities. We're here to help you ensure that your staff are among the best in their profession. Our targeted courses give health practitioners – from nurses to midwives, pharmacists, health visitors and doctors – the specialist knowledge and skills they need to progress at work. Our scheduled and in-house healthcare training courses in the UK and abroad are the best CPD money can buy. When you train with PDUK, we help you to achieve clinical excellence and – most important of all – outstanding patient care.

Slot CPD into your life PDUK's eLearning courses help you move forward in your career, wherever you are. Find out more at <http://www.pduk.net>.

HOW PDUK BEGAN

Debra Sharu DPhil, ANP is a fully qualified family nurse practitioner, as well as an experienced clinician, academic and educator. She is also an author. From her earliest days on hospital wards, Dr Sharu has been passionate about improving advanced practitioner education. She created PDUK in 2002 to fill the gap in the market for quality training for healthcare professionals.