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DEVELOPMENT**

UK LTD

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**SIMPLY THE BEST CPD
MONEY CAN BUY FOR
HEALTHCARE
PRACTITIONERS**

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Spring/Summer 2018

**Royal College
of Nursing &
CPD Standards
Office accredited
courses
available**

AT PRACTITIONER DEVELOPMENT UK (PDUK) WE AIM TO PROVIDE THE BEST CAREER-DEVELOPMENT COURSES IN THE WORLD FOR HEALTHCARE PROFESSIONALS



Our programmes guarantee to give you:

- Teachers who are clinical experts at the top of their field
- Courses packed with topical content
- CPD hours to help you meet revalidation targets
- RCN and CPD Standards Office accredited courses.

There are three ways to learn:

1 Scheduled courses

These fill up fast. Book early so you don't miss out.

- Ideal for individuals
- Centrally located
- Excellent for networking.

See pages 3-16.

2 PDUK eLearning courses

Learn at your convenience on a mobile device.

- Designed for individuals and groups of staff
- Study in your own time, even when you're on the move.

See pages 17-19.

3 In-house courses

We train groups of staff at a time and place that works for you.

- More than 275 programmes to choose from
- All courses can be tailored to meet your requirements
- Practical and cost-effective.

See pages 20-26



SCHEDULED COURSES

The best way for individuals and small groups to access the latest healthcare training

Study with fellow healthcare professionals in a highly stimulating learning environment that also provides great networking opportunities.

(All scheduled courses can also be delivered in-house)

A03 FIVE DAY PATIENT ASSESSMENT SKILLS WORKSHOP

5 days = 35 hours' CPD £650

This five-day programme provides practitioners with a springboard for diagnostic proficiency and clinical decision-making. After studying basic history-taking and physical examination techniques, you will have the opportunity to perform a complete physical examination that reflects clinical practice requirements and helps to develop all-round confidence. Covers essential skills for non-medical prescribers.

What's included

- History taking & practice.
- Physical examination techniques
- Examination of skin, hair and nails.
- Assessment of face, neck and ENT/practice
- Respiratory system examination practice
- Cardiovascular / peripheral vascular examination / practice
- Abdominal system examination/practice
- Examination of the eye/practice

- Mental health/Neurological assessment/ practice
- Musculoskeletal examination/ practice
- Documentation of findings
- Structured physical examination demonstration
- Top to toe physical examination test outs

Where and when

London

29 Jan- 2 Feb 2018:

Guy's Hospital (*RCN accredited*)

16-20 April 2018:

Guy's Hospital (*CPD SO accredited*)

25-29 June 2018: (*CPD SO accredited*)

Guy's Hospital

10-14 September 2018:

TBA (*CPD SO accredited*)

Quality Assurance

Hands-on workshop: maximum student to trainer ratio 12:1

Required skills for non-medical prescribers and all advanced practice nurses

The CPD Standards Office
INDEPENDENTLY ACCREDITED CPD
www.cpdstandards.com



 Royal College of Nursing
Accredited by the RCN Centre for Professional Accreditation

A13 MINOR AILMENTS ESSENTIALS

3 days = 21 hours' CPD £445



This is an opportunity for those of you who are confident in taking a history and physical examination and want to focus on the common and not so common patient complaints seen in primary health care.

What's included

- The red or painful eye
- Ear problems such as hearing loss and ear infections
- Upper & lower respiratory tract presentations to include painful sinuses, sore throat, cough and bronchitis
- Head, neck and back pain
- Skin conditions including examination principles, eczemas, psoriasis, infestations, bacterial, viral and fungal infections
- Acute abdominal pain covering diarrhoea, vomiting, constipation, indigestion, ectopic pregnancy and more.
- Gynae overview covering vaginal discharge, pelvic pain and the basics of emergency contraception
- Mental health- depression, assessment and management essentials

Where and when London

22-24 May 2018:
Guy's Hospital
5-7 September 2018:
TBA

AR04 MINOR INJURY ESSENTIALS

3 days = 21 hours' CPD £445



This interactive programme focuses on the needs of community practitioners who are now expected to include basic injury review and care.

What's included

- Principles of musculoskeletal history taking
- Basic assessment of the major joints including targeted history taking, anatomy, joint function and essential physical examination techniques
- Hands on practice is encouraged!
- Joints covered include:
 - shoulder
 - elbow
 - wrist and hand
 - hip
 - knees
 - ankles and feet
- Common conditions
- Management and referral
- Practice scenarios
- Local analgesia
 - Types/safe levels
 - Local infiltration
- Wounds - including abrasions, cuts, burns and bites:
 - Classification/management
 - All forms of closure/deep sutures demo/practice
 - Removal of foreign bodies ear/eye nose/others
- Ingrown toenails
- Infections
 - Paronychia
 - Minor abscesses

Where and when London

23-25 January 2018: Guy's Hospital
20-22 March 2018: Guy's Hospital
12-14 June 2018: Guy's Hospital
3-5 October 2018: TBA

AR10 MINOR SURGICAL PROCEDURES

1 day = 7 hours' CPD £215

This workshop will provide you with basic instruction in common minor surgical techniques used in minor injuries units, general practice, urgent care and walk in centres. The emphasis is on emergency wound care. Hands on participation is encouraged, fostering your competence in developing these skills for use in the workplace

What's included

- Principles of analgesia.
- Wound assessment, closure & management
 - Basic suturing technique/practice
 - Application of topical skin adhesive
- Common surgical procedures
 - Incision and drainage of an abscess
 - Paronychia management
 - Release of subungual haematoma
 - Digital block-fracture reduction
 - Management of ingrown toenails
 - Foreign body removal

Where and when

London

25 January 2018: Guy's Hospital

22 March 2018: Guy's Hospital

14 June 2018: Guy's Hospital

5 October 2018: TBA

Quality Assurance
Hands-on workshop:
maximum student
to trainer ratio 12:1

AR68- UNDERSTANDING HEAD INJURIES

1 day = 7 hours' CPD £175

This course goes beyond the basics and looks at head injury in more depth. Learn what happens when a head injury occurs; gain a better understanding as to causes and forms of head injury and reasons behind clinical features of raised intracranial pressure. An important skill for all first contact practitioners.

What's included

- Specific class requests
- Applied neuro anatomy
- MOI
- Forms of injury
- Intra cranial pressure
- An introduction to patient examination
- Clinical features
- Guidelines
- Guide to further study

Where and when

London

8 June 2018: Guy's Hospital

Also available:
PDUK eLearning course
Assessing minor head injuries:
an introduction
See page 18 for further details

P49 SPORTS INJURIES IN 8-18 YEAR OLDS

2 days = 14 hours' CPD £300

This evidence-based, hands-on interactive course covers the physiological principles and practical considerations for assessing and managing common sports injuries in the school aged child, adolescent and teen-age patient. Participants will have the opportunity to apply these theoretical and practical concepts and techniques throughout the two days. This will boost their confidence in the recognition, differentiation, diagnosis, management and return-to-sport guidelines of common sports-related injuries.

What's included

- Review of basic MSK anatomy.
- Physiological principles underpinning sports injuries, including healing and tissue response to loading.
- Prevalence, definitions, classifications of injury
- Lower limb assessment including mechanism of injury, hands on practice, treatments and management
- Head and neck injuries
- Upper limb assessment including mechanism of injury, hands on practice, treatments and management
- Rehab and return to play

Where and when

London

26-27 April 2018: Guy's Hospital

Also available:

PDUK eLearning course

An introduction to paediatric minor injuries

See page 18 for further details.



AR07 X-RAY INTERPRETATION OF MINOR INJURIES (INCLUDES RED DOT)

1 day = 7 hours' CPD £175

This workshop is underpinned by linking clinical presentation with relevant anatomy and principles of x-ray interpretation. Patient assessment, radiographic referral, interpretation and treatment for minor injuries are all included.

Who should attend

Practitioners should ideally be working in an environment where x-ray interpretation is part of their role but it may be suitable for practitioners making referrals for x-rays at another location. Clinical areas include minor injury units, A&E departments, out of hour's services and walk-in centres.

What's included

- Legal & professional issues
- Principles of normal and abnormal appearances of bone, soft tissues and joint appearances on x-rays
- Paediatric considerations
- ABCS principles
- Red Dot principles
- History taking & mechanism of injury
- X-ray referrals
- Upper limb x-ray interpretation
- Lower limb x-ray interpretation
- X-ray interpretation quiz

Where and when

London

22 June 2018: Guy's Hospital

A67- BLOOD RESULTS: AN INTRODUCTION TO BASIC HAEMATOLOGY AND BIOCHEMISTRY INVESTIGATIONS

1 day = 8 hours' CPD £175

This study day provides a firm foundation for understanding essential blood results. An ideal first course or basic refresher.

What's included

Haematology

- The full blood count- an overview
- Red blood cell count/ haemoglobin & anaemia/haematocrit/ platelets/ red cell indices/ESR/
- White cell count/differential
- Coagulation tests including prothrombin time, INR and d-dimers
- Case studies

Biochemistry

- U &E's / eGFR
- Glucose and HbA1c
- Cardiac enzymes/lipids
- Liver function tests
- Case studies

Where and when

London

27 June 2018: Guy's Hospital

AR94 RECOGNISING AND MANAGING ACUTE SKIN CONDITIONS IN PRIMARY CARE

1 day = 7 hours' CPD £175

Designed for practitioners who need to improve their skills in assessing and managing acute skin conditions. Dermatological conditions are commonly seen in primary care but health care practitioners are often challenged by even the most common presentations. This course will give you more confidence in assessing and safely managing these conditions.

What's included

- Principles of dermatological assessment
- Common acute skin problems: diagnosis, differentials and management (e.g. bacterial, fungal and viral infections)
- When chronic skin conditions become acute, recognition and treatment.
- Assessment of skin lesions (benign lesions and skin cancers)
- Dermatological emergencies.

Where and when

London

24 May 2018: Guy's Hospital

"The tutor was very clear, friendly, professional and knowledgeable. She easily switched between what was planned and other questions asked."
Walk in Centre Nurse, London

Also available:
PDUK eLearning course
Skin infections
See page 18 for further details.



A107- GUIDE TO COMPLEX WOUND CARE

1 day = 7 hours' CPD £175

Assessing and managing complicated wounds can challenge even the most experienced practitioners. Both community and hospital staff will benefit from this course, which will improve your confidence and skills when caring for patients with difficult wound presentations.

What's included

- Pathophysiology of complicated wounds:
 - chronic non-healing wounds;
 - fungating wounds.
- Wound assessment.
- Evidence-based management, including:
 - wound cleansing;
 - dressing selection;
 - negative wound pressure therapy.
- Practice scenarios.

Where and when London

13 June 2018: Guy's Hospital

AR76- OPHTHALMIC PRACTICE IN PRIMARY CARE

1 day = 7 hours' CPD £170

This study day will put you up to speed on your essential ophthalmology skills. It is aimed at practitioners who work in primary, emergency and urgent care settings and will appeal to nurses and allied health professionals.

What's included

- Anatomy of the eye
- Ophthalmic history taking including red flags
- Ophthalmologic examination including vision testing and external ocular assessment.
- Fluorescein staining, eyelid eversion, foreign body removal.
- Spotting emergent and sight threatening eye conditions
- Identification and management of common presentations including red eye and painful eye

Where and when London

5 June 2018: Guy's Hospital

All scheduled courses can also be delivered in-house

Also available:
PDUK eLearning course
Essential ophthalmic assessment in primary care
See page 18 for further details.



AR26 ENT TOP TEN: HOW TO TREAT AND MANAGE ENT PROBLEMS WHAT TO REFER AND WHEN

1 day = 7 hours' CPD £175

A large proportion of visits to GPs, minor injury units and accident and emergency departments are ear, nose and throat related, so ENT training is more important than ever. Aimed at the experienced practitioner, this interactive course will examine ENT problems seen in primary care and first contact settings, looking at the most frequently seen conditions. It will explore appropriate treatments, common errors, which conditions can be managed safely out of hospital, and which conditions should be referred and when.

What's included

- Ears:
 - Otitis media, otitis externa: which is which and how do I treat?
 - When is a perforation safe? Cholesteatomas: why all the fuss?
 - Wax and foreign bodies: is water ever dangerous?
 - Auricular haematoma
 - Hearing loss: is it serious?
- Nose:
 - Epistaxis: why won't it stop?
 - Fractured noses: when do they need to be treated?
 - Foreign bodies.
- Throat:
 - Tonsillitis or glandular fever: does it matter?
 - Quinsey
 - Foreign body/food bolus.
 - Red flags: what to refer and when
- Group discussions/Questions
- Patient scenarios

Where and when London

3 May 2018: Guy's Hospital
19 October 2018: TBA



A86 CONTRACEPTION AND SEXUAL HEALTH WORKSHOP FOR THE PRIMARY CARE PRACTITIONER

2 days = 14 hours' CPD £300

This course had been designed to give participants an overview of the current methods of fertility control and the risks and benefits of different methods. The course will prepare clinicians to support appropriately qualified staff in monitoring women taking hormonal contraception and giving basic advice. Emergency contraception choices will also be discussed.

What's included

- Oral methods of contraception
- Long acting reversible contraception
- Barrier and natural contraception methods
- Emergency contraception
- Working with young people, sex and the law
- Contraception for women over 40
- Post natal contraception
- Contraception services & Patient Group Directions: What's out there
- Sexually transmitted infections an overview
- Chlamydia screening
- Practical session contraceptive workstations
- Discussion and evaluation

Where and when London

26-27 April 2018:
Guy's Hospital
11-12 October 2018:
TBA

A80 GYNAE CORE SKILLS FOR FIRST CONTACT PRACTITIONERS

1 day = 7 hours' CPD £175

This interactive one-day course is targeted at primary care practitioners involved in the management of and referral decisions for women presenting with gynaecological issues.

What's included

- Review of anatomy and physiology of the female pelvic organs
- Overview of common gynaecological disorders
- Physical assessment, including:
 - Pelvic assessment
 - Bimanual exam
 - Speculum examination
 - Taking triple swabs
 - Assessing pelvic organ prolapse
 - Removal of foreign bodies.
- Diagnosis and management of common gynaecological disorders including PCOS, PID, endometriosis, adhesions, gynaecological cancer
- Managing common sexually transmitted infections
- Overview of emergency contraception: case scenario approach
- Fraser guidelines explored

Where and when London

27 June 2018: Guy's Hospital

A83 DIABETES CARE IN GENERAL PRACTICE

1 day = 7 hours' CPD £175

This course is an excellent practical guide for practitioners who will be working with chronic disease and require grounding in assessment and current management trends for the patient with diabetes..

What's included

- Diabetes- epidemiology- a global and national perspective.
- Understanding diabetes
 - How do we maintain blood glucose
 - Classification of diabetes with emphasis on type 1 and 2
 - Patho-physiology of diabetes
- Diagnosis of diabetes
 - Clinical signs and symptoms
 - Risk factors such as obesity
 - Diagnostic criteria
 - Understanding test results
- Complications associated with diabetes
 - Recognising and managing Hypo
 - Hyperglycaemia
 - Neuropathy
 - Nephropathy
 - Retinopathy
 - Risks of CVD
- Management of diabetes
 - Medicine and lifestyle management
 - Overview of insulin regimes
 - Driving
 - Employment
 - Empowerment model of care: The Alphabet Strategy
 - Concordance
- Diabetic emergencies- identification and immediate management. Case scenarios
- Review of national guidelines and key studies.

Where and when London

12 June 2018: Guy's Hospital

**10% discount
for booking 4 or
more people on a
scheduled event**



Agg- NMP ESSENTIALS FOR COMMON LONG TERM CONDITIONS

1 day = 8 hours' CPD £175

This course will review essential prescribing practice for a range of common long term conditions (LTCs) including COPD, chronic heart failure, renal disease and diabetes.

What's included

Interactive learning is a key feature of this course. You will look at case studies and real situations that have been encountered.

The day will start with establishing your familiarity with the following principles which will be used in the case studies.

- An understanding of what medicines optimisation means and how this plays an important role in each of the conditions.
- What is a medication review and the different levels of medicines reviews.
- How often should you review a patients medication
- What is medicines reconciliation and why this is particularly important in long term conditions.
- Why is patient experience and involvement essential
- Consider drug –drug interactions when prescribing new medicines
- Be aware of black triangle medicines

Renal Disease

- Renal disease: stages and monitoring of the disease.
- Prescribing and dose alterations for different stages.
- Acute kidney injury (AKI) including prevention and awareness of medications that often place patients at risk.
- The importance of hydration

COPD

- Which inhalers and when to prescribe.
- Prescribing other oral medicines in COPD; what is the evidence.
- Prescribing in advance of exacerbation including patient education.
- High dose steroid cards.

Chronic Heart Failure

- A brief overview of the medicines prescribed in CHF
- Maximising doses in chronic heart failure
- How to manage side effects including medication alterations.

Diabetes

- When to treat type II diabetes
- Current prescribing guideline recommendations
- Insulin and its management
- Blood glucose monitoring – when, why and is it necessary?
- Risk factors and prescribing preventative medicines.
- Practical problems such as:
 - Diabetes treatment and the patient fasting for religious reasons
 - Hypoglycaemic attacks: patient or partner recognition.
 - Long distance flights and time changes: how and when to take diabetes medication.

Where and when London

19 June 2018: Guy's Hospital

AR27- GETTING TO GRIPS WITH MENTAL HEALTH

1 day = 7 hours' CPD £175

This mental health study day is for primary care nurses needing to recognise the signs and symptoms of common mental health conditions, such as stress, anxiety and depression. The course will focus on assessment, high risk behaviours and situations, and appropriate interventions including health promotion strategies and referrals. We will also look at specific issues related to high risk groups such as the homeless and refugees.

What's included

- Common presentations – challenges for practitioners
- Assessing for signs and symptoms
- Exploring high risk groups/individuals
- Capabilities and limitations – when to refer on and to whom
- Basic interventions
- Working with other agencies
- Writing appropriate referral letters

Where and when

London

22 May 2018: Guy's Hospital



AR85- TELEPHONE TRIAGE FOR HCAS & RECEPTIONISTS

1 day = 7 hours' CPD £175

This workshop will raise standards of customer care and give participants more confidence in their ability to deal with telephone triage in a safe, efficient manner.

What's included

- Review of the basics of a telephone interaction and active listening.
- How to overcome barriers to communication
- What is a difficult caller and how to manage them.
- Assertiveness versus aggression
- Managing calls – best practice in receiving calls, information gathering, reflecting/summarising, decision making and closing call
- Prioritising and signposting
- Putting theory into practice – taking a call
- Scenarios/role play
- Summary and closure

Where and when

London

14 June 2018: Guy's Hospital

"Useful and relevant to the team and our work."

Nurse Manager and Education Lead, Coventry

**Also available:
PDUK eLearning course
Dementia: understanding and dealing
with challenging behaviours
See page 19 for further details.**

P01 PAEDIATRIC MINOR ILLNESS

3 days = 21 hours' CPD £445

A power-packed course that concentrates on childhood minor illnesses from infancy to the late teens. Ideal for the practitioner who is confident with basic assessment skills and wants to explore a variety of paediatric conditions in an evidence-based context. A chance to share your experience and build on your expertise.

What's included

- Age-appropriate history taking and physical exam techniques
- Anatomical and physiological differences in children
- Recognition of the ill child
- The febrile child
- Skin problems
- ENT conditions
- Abdominal complaints
- Respiratory problems
- Eye complaints
- Reinforcers

Where and when

London

28 February- 2 March 2018: Guy's Hospital

3-5 July 2018: Guy's Hospital

iPDUK eLearning course Free taster: The first steps in recognising the acutely ill child See page 18 for further details.



P35- EMERGENCY PAEDIATRICS FOR THE PRIMARY CARE PRACTITIONER

1 day = 7 hours' CPD £175

This is an ideal course for practitioners who see critically ill children in the community. It is aimed at experienced health care providers who want to refresh and expand their skills and knowledge in this challenging area. A range of key topics will be covered. These include spotting the acutely ill child, dealing with emergencies in children, acute mental health issues, cardio-respiratory and abdominal conditions.

What's included

- Recognising the ill child
- Safe referrals: hospital and A&E?
- Basic Paediatric Life Support
- Assessment & management of:
 - Cardio-Respiratory emergency presentations
 - Abdominal emergencies/Surgical emergencies
 - Infectious disease related emergencies
 - Mental health crises

Where and when

London

27 February 2018: Guy's Hospital

P48- PRACTICAL SKILLS FOR ASSESSING THE ILL CHILD

2 days = 14 hours' CPD £295

This hands-on course covers all the basic skills needed for assessing common childhood complaints. Besides practising history taking and examination skills for the ENT and respiratory systems, delegates will build on their knowledge to make diagnoses and management decisions.

What's included

- Age appropriate history taking and physical examination techniques.
- Recognition of the ill child.
- The febrile child.
- ENT/lymphatic examination and practice.
- ENT-related presentations (e.g. OM, sore throat).
- Respiratory assessment and practice.
- Respiratory-related presentations including upper versus lower respiratory tract infections, bronchiolitis and pneumonia.

Where and when

London

6-7 September 2018:
Novotel Liverpool Centre

*"The lecturer was clear and concise."
Paramedic Urgent Care London*

P14 PAEDIATRIC ASTHMA ESSENTIALS

1 day = 7 hours' CPD £175

This practical study day offers health professionals a comprehensive overview of the assessment and management of asthma in children. Special consideration is given to the latest British Thoracic Society (BTS) guidelines, giving participants the confidence to implement this evidence based tool into their practice. Informal lectures and interactive practical sessions make this a stimulating, informative and enjoyable programme.

What's included

- Paediatric asthma- the statistics
- Normal respiratory function and lung development in children- an overview
- The BTS guidelines
- Assessment, diagnosis and treatment-
 - what's new, what isn't
 - evidence based practice- what's in, what's out
 - patient education
 - concordance and compliance
- Acute Asthma exacerbation
 - Why do they occur?
 - Assessment of severity
 - Treatment of an acute attack
- Outcomes and audit

Where and when

Liverpool

25 April 2018: Novotel Liverpool Centre

London

28 June 2018: Guy's Hospital



P45- SIX-EIGHT WEEK BABY CHECK

2 days = 14 hours' CPD £300

This course will prepare those of you planning on offering the 8 week infant check as part of your primary care service. It is informed by the examination requirements as outlined by Public Health England and lays the foundations towards developing competency in the work place.

What's included

- Brief review of national standards
- Taking a screening history
- Physical examination techniques
- Assessment of HENT and eyes
- Skin assessment
- Respiratory assessment
- Cardiac assessment
- Abdominal assessment including male and female genitalia
- Detection of developmental dysplasia of the hip (DDH)
- Neurological assessment
- Infectious disease
- Putting it all together

Where and when

London

10-11 May 2018: Guy's Hospital

*"Really like the take-home workbook."
Health Visitor Brighton*

All scheduled
courses can also
be delivered
in-house

IH79 EXAMINATION OF THE NEWBORN

2 days = 16 hours' CPD £300

This course will help you meet the newborn history taking and physical examination requirements as set out by Public Health England's Newborn and Infant Screening Guidelines. All the essential examinations are covered along with guidance on completing workplace competency.

Who should attend?

- Midwives

What's included

- The newborn, infant physical examination programme. (NIPE)
- Taking a screening history
- Physical examination techniques
- Assessment of HENT, skin and eyes
- Respiratory assessment
- Cardiac assessment
- Abdominal assessment including male and female genitalia/anus
- Neurological assessment
- Musculoskeletal assessment including detection of developmental dysplasia of the hip (DDH)
- Documentation

Where and when

London

4-5 June 2018: Guy's Hospital

NB – Support and practice in the workplace with an experienced facilitator is required to attain competency.

AR51- IMMUNISATION AND ANAPHYLAXIS ESSENTIALS

2 days = 14 hours' CPD £300

This course is for nurses new to immunisation or any current practitioner wanting to review the basics. It will help you develop a systematic and co-ordinated immunisation approach in line with the national minimum standards for immunisation.

What's included

- Introduction to immunisation: aims, national and internal policy
- Immunity
- Types of vaccines
- Vaccine preventable diseases
- Cold chain
- Injection technique
- Cautions and contra indications
- Childhood immunisation programme
- Complex immunisation histories
- Scenarios
- Influenza and pneumococcal programmes
- HPV vaccine
- Anaphylaxis
- Legal aspects of immunisation
- Documentation and reporting
- Current issues and controversies in immunisation
- Strategies for improving vaccination rates
- Scenarios

Where and when London

6-7 June 2018: Guy's Hospital

**Also available:
PDUK eLearning course
Immunisation update
See page 19 for further details.**

A GUIDE TO TRAVEL MEDICINE

2 days = 16 hours' CPD £300

This basic foundation course will equip you with essential information on travel-related medicine and enhance competency frameworks to support your practice. The course will combine structured and interactive teaching through lectures, group work and real-life scenarios.

What's included

- Refresher: basic principles of immunisation and immunology
- Vaccination schedules
- Cold chain, storage and handling of vaccines
- Managing adverse events including clinical incidents
- Vaccine-related illnesses
- Clinical scenarios
- Travel risk assessments
- Legal requirements and professional obligations
- National and international guidelines and resources
- Insect-borne diseases
 - Malaria
 - Zika
- Food and water-borne illnesses
- Clinical scenarios
- Brief insight into a complex traveller

Where and when London

24-25 April 2018: Guy's Hospital

"One of the best study days I've ever been on: thank you,"
Practice Nurse Manchester

PDUK ELEARNING COURSES

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FREE COURSE!

THE FIRST STEPS IN RECOGNISING THE ACUTELY ILL CHILD

30 minutes' CPD

Dr Debra Sharu explains how to assess the severity of illness in the sick child. This course covers common symptoms and the diagnostic examination methods with which to study them. It provides a firm foundation from which practitioners can develop their skills and confidence.

About the author

Dr Debra Sharu DPhil, ANP, RSCN, has worked as a practising clinician and educator in the USA and the UK for more than 30 years. As a former senior lecturer on the RCN Nurse Practitioner programme she helped pioneer the advanced practitioner role in the United Kingdom.

ASSESSING MINOR HEAD INJURIES: AN INTRODUCTION

2.5 hours' CPD £32.00

David Bradley draws on his many years of experience in A&E to explain how to assess patients who may have suffered a minor head injury. Besides learning which common signs and symptoms to look out for, you'll study the skills and physical examinations that will enable you to start effectively managing minor head injuries.

About the author

David Bradley was formerly a senior lecturer at Liverpool John Moores University and has developed and run distance-learning programmes in A&E nursing, ENP, ECP and minor injuries.

PAEDIATRIC MINOR INJURIES: AN INTRODUCTION

2.5 hours' CPD £32.00

Lorrie Lawton explains how to assess and manage some of the most

common paediatric minor injuries seen in Urgent Care, Minor Injury Units and Emergency Departments. This course provides a brief overview of minor injuries commonly presented in children, including the fundamentals of history taking and documentation, examination techniques, management of foreign bodies and the most common minor injuries including burns, head, face and hand injuries.

About the author

Lorrie Lawton RN, RN (Child) MSc, PGCTHE, NMIP, BSc (Hons), BA has worked in emergency nursing nationally and internationally for more than 28 years and has practised as an ENP since 1994.

ESSENTIAL OPHTHALMIC ASSESSMENT IN PRIMARY CARE

2.5 hours' CPD £32.00

Margaret Gurney's course for primary care health professionals provides a basic understanding of the eye, its function and the assessment of common sight- and non- sight-threatening eye problems.

About the author

Margaret Gurney MSc, BSc (Hons) ENB346 INP has worked in ophthalmology for 24 years and trained at Moorfields Eye Hospital, London.

SKIN INFECTIONS

2.5 hours' CPD £32.00

Rebecca Davis introduces common bacterial, viral and fungal skin conditions and investigates the main causative agents, including those from the staph, herpes and tinea groups.

About the author

Rebecca Davis MSc, BSc, RN. Rebecca is an independent dermatology nurse consultant and was chair of the British Dermatological Nursing Group's Non-Medical Prescribing Sub-Group from 2010 - 2013.

DEMENTIA: UNDERSTANDING AND DEALING WITH CHALLENGING BEHAVIOURS

2.5 hours' CPD £32.00

Jane Gordon examines the most common forms of challenging behaviour seen in patients with dementia. You'll learn about the causes of this behaviour and ways in which you can attempt to prevent and manage it. With real-life case studies to help you put what you have learnt into practice, this iPDUK programme is suitable for practitioners who have some experience of dealing with patients with dementia.

About the author

Jane Gordon RMN, BSc MH, MA is a former senior lecturer and course director at London South Bank University.

IMMUNISATION UPDATE

(Complies with the Public Health England National Minimum Standards for Immunisation Training.)

1.5 hours' CPD £23.00

Liz Sherlock covers immunisation for adults and children, as well as the legal and professional issues surrounding immunisation. Suitable for practitioners who are qualified to immunise and already do so, this course is designed to help you meet yearly update CPD requirements.

About the author

Liz Sherlock, RGN, PG cert, DMS, NMP, is a practice nurse, nurse prescriber and practice educator.

New eLearning courses coming soon!



IN-HOUSE COURSES

We teach your staff to work better: everyone wins



Check the calendar and book your team onto our targeted training events. Get CPD sorted for all your staff when it's convenient for you and your organisation.

At Practitioner Development UK we're committed to working with healthcare staff to enable them to give their patients the best possible care. Attending our progressive in-house healthcare courses will help your team – from nurses to consultants and pharmacists to health visitors – learn best practice, then put it into practice.

Imagine your perfect in-house course, tell us about it and we'll create a programme that will help your staff raise their skills and competence to the next level.

Our experienced practitioners will devise a course (custom-made if necessary) that incorporates everything your healthcare professionals need. What's more, we'll deliver it at a destination of your choice. (You're guaranteed to get the course you want because all our in-house training solutions are commissioned by employers like you. What we do works for them and it will work for you, too.)

Why PDUK courses are the best way to invest in your staff

1 Our experience speaks for itself

We've been training healthcare professionals for more than a decade, so providing exactly what you want is second nature to us. We'll tailor a course to the precise needs of your staff or design a bespoke solution if you prefer.

2 Our tutors are all experienced clinicians

They've worked on the frontline of healthcare services and are passionate about helping others to excel. By imparting their knowledge and expertise, they will help your staff keep abreast of the latest medical developments and raise standards in your organisation.

3 Our courses are incredible value for money

Make your finances go further by commissioning a course for a group of staff (we charge by the event rather than the number of delegates).

Why our healthcare courses are the first choice for healthcare professionals

- Every course we devise draws on our many years of experience, current practice and future aims, to create an effective solution based on topical educational content that will enable your staff to build on their knowledge and expertise. Our dynamic expert tutors make their subjects come alive by using case studies and real-life situations.
- Top-quality CPD helps to raise standards in healthcare and the endorsements we receive from satisfied customers are testament to this. Our reputation for promoting advanced practice within healthcare training today is second to none.
- After more than a decade of training healthcare providers, Practitioner Development UK is perfectly placed to improve and innovate. The range of workshops and seminars we offer reflects the breadth of our experience: check out our programme of more than 275 courses. Alternatively, we can create a unique package designed especially for your team.

PDUK: advanced practice CPD for everyone

PDUK works with the NHS and the public and private healthcare sectors, both within the UK and abroad. We train health professionals from nurses (advanced practice, community, hospital and general) to healthcare assistants, pharmacists, physiotherapists, paramedics, podiatrists, midwives, radiographers and doctors (from juniors to consultants).

For more information, visit www.pduk.net or call 023 9250 1428.

Boost your career in 2018

Choose from the courses listed in this brochure and on our website (www.pduk.net), or get in touch if you'd like us to design a programme specifically for your organisation.

Here's a selection of our courses:

- *Childhood immunisation essentials*
- *Understanding head injuries: a school nurses guide*
- *Paediatric examination*
- *Leg ulcers essential care guide*
- *Essential foot care for the patient with diabetes*
- *Ear care in the community: irrigation training essentials for nurses*
- *The abc of ECGs*
- *Action-centred leadership for team leaders*

You can count on us for quality

There is no minimum number of students per course but we cap numbers for optimum learning. If there are extra places available on your course, you can team up with other local healthcare providers to share the costs.

Comprehensive packages

Included in the cost of the course are all tutor expenses, course materials, specified equipment and certificates: there are no hidden extras. Prices vary according to the type of programme you choose. For a quote, call us on 02392 501428.

Talk to us

Simply get in touch, explain what you want and we will give you a quote, a course programme and a 'no obligation' proposal outlining terms and conditions.

IN-HOUSE:
DETERIORATING PATIENT

A103- SEPSIS; EARLY RECOGNITION AND MANAGEMENT

1 day = 7 hours' CPD

This is an ideal course for practitioners who work on hospital wards and in the community. It will help them to develop skills in early identification of adult patients with sepsis and to initiate appropriate management and escalation in line with national and international guidelines.

What's included

- Definition and classification of sepsis severity
- The pathophysiology of sepsis
- Vigilance, screening and early recognition
- Investigations and markers
- Early interventions/immediate management (sepsis 6)
- Communication and rapid escalation (SBAR)
- Case scenarios

"This has been the fourth consecutive year that we have used PDUK for nurse and HCA CPD. We have consistently found them to be well organised, easy to work with and professional in all respects. Their courses are of the highest standard and have always been relevant to practice."

Nurse Manager & Education Lead, Kent

IN-HOUSE: IMMUNISATION

AR79 IMMUNISATION TRAINING FOR COMMUNITY PHARMACISTS

2 days = 14 hours' CPD

Community pharmacists now have the opportunity to provide immunisations for their customers. This course teaches the essential theory and injection skills that allow local pharmacists to deliver influenza and pneumococcal vaccines on their premises..

What's included

- Influenza and pneumococcal immunisation history and epidemiology
- Aims of the national immunisation policy
- The chief medical officer's influenza letter
- Refresher on the immune system and how vaccines work
- Anaphylaxis refresher
- Indications, composition and contraindications for pneumococcal influenza including child dosages
- Effective vaccination communication
- Legal aspects of administering prescription-only medication
- Consent, accountability and indemnity refresher
- Documentation and record keeping
- Competency assessment in the work place
- Vaccine administration theory including health and safety and infection control
- Practical injection training workshop with hands-on practice

Note: Course pre-requisites

1. Have attended previous infection control training
2. Are a non-medical prescriber or able to work to a PGD
3. Have a clinical mentor who is competent in immunisation and is able to undertake competency assessment

IN-HOUSE:
PATIENT ASSESSMENT/ HISTORY
TAKING & PHYSICAL EXAMINATION

IH26 SAME DAY PATIENT CONSULTATION

3 days = 24 hours' CPD

This course seeks to expand practitioner's expertise in assessing and managing adults presenting in Primary Health Care. It lays the foundations for sound practice in conjunction with clinical workplace support provided by GPs or other advanced practitioners

What's included

- Basic principles of history taking
- Physical examination techniques
- The patient with a skin complaint- including examination principles, eczemas, psoriasis, infestations, bacterial, viral and fungal infections.
- Respiratory assessment/practice
- Upper & Lower Respiratory Tract conditions including painful sinuses, sore throat, cough & bronchitis
- Cardiovascular assessment/practice
- Abdominal assessment/practice
- Acute abdominal pain covering diarrhea, vomiting, constipation, indigestion, ectopic pregnancy and more.
- Anterior eye assessment/ the red or painful eye

CHILD HEALTH/ SEXUAL HEALTH

P33 CONTRACEPTION AND SEXUAL HEALTH WORKSHOP FOR STAFF WORKING WITH SEXUALLY ACTIVE YOUNG PEOPLE

1 day = 7 hours' CPD

This one-day course aims to give an overview of contraception and sexual health in relation to young people's lifestyles and needs. Participants will gain an overview of the current methods of contraception and of sexual health issues in relation to young people.

Safeguarding issues to include sex and the law, sexual exploitation, trafficking and safe internet use will also be discussed.

IN-HOUSE:
PATIENT ASSESSMENT/ HISTORY
TAKING & PHYSICAL EXAMINATION

IH105- PATIENT EXAMINATION REVIEW

1 day = 7 hours' CPD

This flexible, interactive course is designed for staff that are experienced with history taking and physical examination. The day focuses on two or three of the major body systems that the group has chosen to work on prior to attending the course. This provides a personalized experience that is targeted to specific group requirements.

What's included

- Discussion on group needs and areas to be worked on
- History taking & documentation reviser
- Physical examination of chosen body systems: points, principles and findings
 - Demonstrations
 - Group practice/ patient scenarios
 - Group discussions

What's included

- Contraception an overview
- What influences choice of contraceptive method
- Emergency contraception
- Working with young people, sex and the law
- Sexually transmitted infections; an overview to include chlamydia screening
- Safeguarding issues, sexual exploitation and bullying, trafficking, staying safe on line.
- Discussion and evaluation

IN-HOUSE:
MINOR INJURIES

AR75b - MUSCULOSKELETAL MINOR INJURIES – REFRESH AND REFINE YOUR SKILLS

1 day = 8 hours' CPD

This interactive musculoskeletal (MSK) workshop is designed for those diagnosing and treating patients with minor injuries. The main focus is on advancing diagnostic skills, building expertise and confidence in dealing with a wider range of MSK conditions. A brief review of head injuries essentials is also included. Perfect for the clinician who has some experience in caring for minor injuries.

What's included

- Review of the examination basics:
 - Principles of injury, healing and treatment
 - History taking essentials and systematic examination methods
 - Pain referral, dermatomes and related neurological issues
- Basic head injury assessment and management review.
- Upper limb assessment; shoulder and neck, the elbow, the wrist and hand:
- Lower limb assessment; the knee, calf injury, ankle and foot:
- A&P review
- Common and more challenging presentations:
 - Becoming a good diagnostician safe practice, red flags, the difficult history, the complex history.
 - Systematic physical examination reviser including special examination techniques.
 - Management and treatment options.

Note: case scenarios and hands on practice are integrated throughout the workshop.

IN-HOUSE:
MINOR INJURIES/ DIAGNOSTICS

AR62- LIMB X-RAY INTERPRETATION FOR BEGINNERS WORKSHOP **2 days = 14 hours' CPD**

This course is ideal for practitioners with little or no experience in x-ray interpretation of minor injuries and those wanting to review their interpretation skills. It will help you and your practice give a more comprehensive service to your patients. The programme will provide a mix of theory and practice: linking patient presentation with underlying anatomy and radiographic principles.

What's included

- Legal & professional issues.
- Principles of normal and abnormal appearances of bone, soft tissues and joints on x-rays.
- Introduction to bone tumours and other pathological processes affecting bone.
- Physiology of bone growth and fracture repair including untreated fractures.
- Fracture classification and description including the juvenile Salter & Harris classification.
- ABCs - principles of systematic x-ray interpretation.
- History taking & mechanism of injury.
- Clinical examination of limbs.
- Upper limb x-ray interpretation.
- Impact of digital imaging on x-ray interpretation including imaging artefacts that mimic pathology.
- X-ray referrals.
- Red dot/red star principles.
- Lower limb x-ray interpretation – knee and proximal femur; ankle, tibia and fibula; foot and toes.
- Pelvis & hip x-ray interpretation including proximal femur.
- X-ray interpretation assessment.
- Review of assessment films.
- Pitfalls and unusual cases.

NB- course attendees are encouraged to bring interesting/unusual/difficult x-ray films for discussion.

IN-HOUSE:
END OF LIFE

A109- PALLIATIVE CARE AND END-OF-LIFE CARE: WHAT YOU NEED TO KNOW

2 days = 14 hours' CPD

This course equips health care providers in hospitals and the community with the skills and knowledge to competently and sensitively care for patients who need palliative or end-of-life care.

What's included

- Practical systematic history taking with attention to its vital importance to good care for the palliative care end-of-life care patient and their family, via role play and group work.
- The physical signs of the dying patient and how to systemically identify these, with case studies.
- The main symptoms presented by the palliative care patient and how to systemically identify these, plus the required symptom control, including pain, nausea and vomiting, shortness of breath and constipation.
- Approaches to nutrition and hydration interventions in the palliative care/terminally ill patient. Discussion and debate including ethical issues.
- The role of spiritual care at end of life.
- The importance of good communication skills when breaking bad news, with role play and case studies.
- Identifying signs and symptoms of palliative care emergencies, including hypercalcaemia and spinal cord compression, with case studies.

IN-HOUSE:
UROLOGY

AR82 BEST PRACTICE IN CATHETERISATION AND CATHETER CARE

3 days = 21 hours' CPD

Limiting health care acquired UTIs in catheterised patients can significantly reduce length of hospital stay and patient morbidity. This course will help meet this goal by providing a guide to best practice in catheterisation and catheter care within a legal and ethical context.

What's included

- Anatomy and physiology
- The principles of informed consent
- Catheterisation & health care acquired UTI
- Catheterisation 'The theory'
- UTI signs and symptoms
- Catheterisation: Cautions and complications
- Catheter care & maintenance
 - Bags, valves and holders
 - Trouble shooting

"The tutor was very clear, friendly, professional and knowledgeable. She easily switched between what was planned and other questions asked."

Walk in Centre Nurse, Birmingham

IN-HOUSE:
IV THERAPY

A98- IV THERAPY & BLOOD ADMINISTRATION WORKSHOP

1 day = 7 hours' CPD

This workshop will benefit nurses from community or acute settings who are new to IV therapy and blood administration or who need a refresher. This is an ideal course for those who need to meet mandatory requirements for developing proficiency in these areas.

What's included

- Definition and purpose of IV therapy
- Professional, legal, and ethical issues of IV therapy
- Methods for delivering IV therapy (continuous, intermittent, bolus injection)
- Peripheral venous access devices
- Preparation of IV therapy
- Drug calculations
- Drug compatibility and instability
- Administration of IV therapy including pump devices
- Nursing responsibilities for the IV site and maintaining line patency
- Potential complications and problems associated with IV drug administration including anaphylaxis
- Blood groups and compatibility
- Blood transfusions: preparation and administration
- Review of workplace competencies.

An IV therapy & blood administration workbook is provided as supplementary learning and an essential part of the course. Attendees are required to complete this along with the workplace competencies provided at the end of this workbook.

IN-HOUSE:
NON-MEDICAL PRESCRIBING

AR114 PRESCRIBING FOR PAIN MANAGEMENT

1 day = 7 hours' CPD

This comprehensive course looks at different types of pain and various pharmacological approaches to effective pain management. It is ideal for first contact practitioners who deal with patients that present with either acute or chronic pain. Group participation including discussion, sharing of experiences, debate and practical workshops make this a stimulating and challenging experience.

What's included

- The pain pathway
- Data on pain prescribing
- The patient
- Guidelines
- Acute pain management
- Chronic pain management
- Prescribing in palliative care
- Opioid prescribing
- Management of non-specific low back pain and sciatica
- NSAID prescribing
- Information about drugs NOT recommended as first line choice
- Evidence and role of rubefacients
- The role of glucosamine and chondroitin or other over the counter medication
- Neuropathic pain
- Key points in prescribing pain medication:
 - Children
 - The elderly patient
 - The patient with renal impairment
 - The patient with liver impairment
- Controlled drugs
- Understanding pain and anxiety and depression.
- Non-medical self-management and OTC pain management
- Other pain

USEFUL INFORMATION/ TERMS & CONDITIONS

Scheduled course times & fees

Courses usually run from 10:00am- 16:30pm. Timings will be confirmed in your course information pack, 2-3 weeks before the event.

All fees are inclusive of standard UK VAT rates and include tuition, course material and certificate of completion. Our scheduled events include morning and afternoon refreshments. Accommodation is not included.

Booking discount

There is a 10% group-booking discount on PDUK scheduled courses. Bookings must be for groups of 4 or more attendees for the same event. All applications must be submitted at the same time. This discount does not apply with any other offer.

Booking a scheduled event

Bookings can be made over the telephone, or online through our website:

www.pduk.net. Bookings are regarded as firm bookings and you are advised that once made you have entered into a contract. Provisional bookings are NOT accepted.

Payments

Employer or third party sponsored applications. - An invoice is raised once an application is processed. Payment is due within 30 days of issue. When available please quote purchase order numbers.

It is strongly advised that funding be secured before booking a course. If an employer refuses to pay, the attendee is liable for full payment.

Bookings made by self-pay candidates must be paid in full within 30 days of application or 4 weeks prior to the course commencing, whichever is soonest. Payment for courses can be split into two or three payments.

This option is only open when agreed in advanced with PDUK. If you are interested in this option contact us on info@pduk.net or 02392501428. Course packs will not be posted until full payment is made.

Payment methods

Choosing the invoice option when booking

• **Send a cheque made out to:**

Practitioner Development UK

11 Alvara Road, Gosport, PO12 2HY,

• Paying directly into our bank account, details as provided on the invoice. (Please use the invoice no. as payment reference). Choosing the credit or debit card option when booking

• Credit or debit card payments can only be made online, in full, at the time of booking. Late payments will incur an additional 8% charge.

Cancellations received 5 weeks before the start of the course may be liable to a £15 cancellation fee. Cancellations received within 5 weeks of the event are liable for the full course fee. All cancellations must be made by email and will not be accepted by any other means. We are happy to accept a substitution candidate at no additional cost but do require their contact details. Full payment will be due from anyone who fails to attend.

Course changes

Practitioner Development UK reserves the right to change the venue, cancel a course or defer to a later date(s) at any time and without prior notice. Fees will be refunded in full should delegates not wish to attend the alternative date or in the event of a cancellation. Practitioner Development UK is not responsible for personal expenses incurred due to a cancelled event.

Travel & accommodation

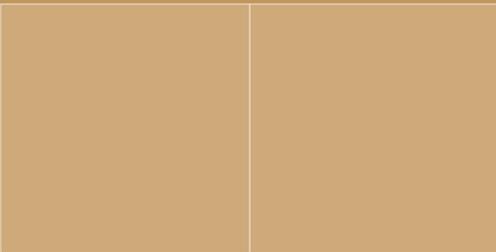
We advise you NOT to book accommodation and travel until you have received your course information pack. This will be sent 2-3 weeks before the course commences. Practitioner Development UK will not reimburse these costs.

Purchasing E-learning

Payment for individuals must be made at the time of purchase via credit or debit card. All card transactions must be made online at www.pduk.net. If an invoice is required for a bulk purchase by an organisation, please contact us on info@pduk.net or call 02392 501428.

PRACTITIONER DEVELOPMENT UK LTD

SPRING/SUMMER 2018



Move your career on and up with our training courses Train with PDUK to revalidate your professional qualifications

PDUK's mission is to make healthcare better. We do this by improving the knowledge, skills and expertise of thousands of health professionals worldwide.

Our internationally renowned training courses are designed to help healthcare practitioners progress in their careers and achieve the highest standards in their working roles.

More than a decade ago, we pioneered advanced healthcare training in the UK with our very first course, which was RCN-accredited.

Since launching that course, our professional training programme has gone from strength to strength. We now have a comprehensive range of more than 275 courses, which we refine and update regularly in order to address the ever-changing needs of patients, professionals and the healthcare service. This attention to detail means we can provide the best courses in the business.

The PDUK mark of excellence

Our portfolio includes courses that are accredited by the RCN and the CPD Standards Office.

Maintain your CPD and revalidate your licence

All nurses who are registered with the Nursing and Midwifery Council are now required to revalidate their licenses:

<http://revalidation.nmc.org.uk/>

This involves 35 hours of continuing professional development (CPD) over three years. Our fully certified flexible training solutions not only count towards this but also enhance your professional portfolio.

Our courses also provide the CPD requirements of advanced nurse practitioners as well as other health professionals.

PDUK courses are always up to date

Constant advances in healthcare assessment and management options mean it's essential for healthcare providers to be fully informed about the latest clinical developments and procedures. That's why all our programmes are designed and delivered by experienced clinicians who are committed to passing on their expertise.

The best training produces the best care and treatment

Good healthcare provision is essential for a healthy society. That's why our goal is to help you ensure that your staff are among the best in their field. Our tried-and-trusted courses give everyone – from nurses to midwives, pharmacists, health visitors and doctors – the specialist knowledge and skills they need to do their jobs to the best of their ability. Our scheduled and in-house healthcare training courses in the UK and abroad are the best CPD money can buy. When you train with PDUK, we help you to achieve exemplary clinical practice and – most important of all – better patient care.

Make your time work for you

PDUK eLearning courses help you slot studying into your life. Find out more at www.pduk.net.

HOW PDUK BEGAN

Debra Sharu DPhil, ANP is a fully qualified family nurse practitioner, as well as an experienced clinician, academic and educator. She is also an author. From her earliest days on hospital wards, Dr Sharu has been passionate about improving advanced practitioner education. She created PDUK in 2002 to fill the gap in the market for quality training for healthcare professionals.

- Visit us online: www.pduk.net
- Call us: 023 9250 1428